

Christian Counselling A Comprehensive Guide 2007 976 | c7caa2e76f755cd481d1f0370b77af9b

The Biblical Counseling Guide for Women
Assessment for Counseling in Christian Perspective
Counseling and Christianity
Counseling and Psychotherapy
Biblical Counseling and the Church
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Becoming a Church that Cares Well for the Abused
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Competent Christian Counseling, Volume One: Foundations and Practice of Compassionate Soul Care
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Psychology & Christianity
Caring for the Souls of Children
Josh McDowell's Handbook on Counseling Youth
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Christian Coaching
Biblical Concepts for Christian Counseling
The Christian Counselor's Manual
Christian Counseling 3rd Edition
The Quick-Reference Guide to Biblical Counseling
Lay Counseling, Revised and Updated
Counsel for Couples

[The Biblical Counseling Guide for Women](#)

The Christian Counselor's Manual is a companion and sequel to the author's influential *Competent to Counsel*. It takes the approach of nouthetic counseling introduced in the earlier volume and applies it to a wide range of issues, topics, and techniques in counseling: *Who is qualified to be a counselor? *How can counselees change? *How does the Holy Spirit work? *What role does hope play? *What is the function of language? *How do we ask the right questions? *What often lies behind depression? *How do we deal with anger? *What is schizophrenia? These and hundreds more questions are answered in this comprehensive resource for the Christian counselor. A full set of indexes, a detailed table of contents, and a full complement of diagrams and forms make this an outstanding reference book for Christian counselors.

[Assessment for Counseling in Christian Perspective](#)

Under the guidance and approval of the American Association of Christian Counselors, more than forty Christian professionals have contributed to this reference book that provides a biblically based and empirically validated model of 21st-century Christian counseling that invites Christ into the heart of the helping process to meet the deepest needs of individuals and families.

[Counseling and Christianity](#)

Seasoned counselors and professors Tim Clinton and Ron Hawkins provide a landmark reference that offers a capstone definition of the emerging profession and ministry of the Christian counselor. Appropriate for professional counselors, lay counselors, pastors, students, and teachers, it includes nearly 300 entries by nearly 100 top Christian counselors. This practical guide focuses on functional aspects of Christian counseling and explores such important topics as Christian counseling as a profession, ministry, and lay ministry; Spiritual and theological roots; Social, emotional, and relational issues; Skills and essentials in Christian helping; Ethical and legal considerations; Intake, assessment, diagnosis, and treatment planning; and Premarital counseling, family therapy, and substance abuse. Counselors will also find up-to-date information on solution-based brief therapy, cognitive therapy and biblical truth, and trauma and crisis intervention. An essential resource for maintaining a broad and up-to-date perspective on helping others.

[Counseling and Psychotherapy](#)

Provide professionally sound and principled therapy based on the truth of God Christians are faced with the same range of problems as everyone else. However, Christian therapists understand deeply the unique issues involved with their therapy. The Christian Therapist's Notebook is a single

source for innovative, user-friendly techniques for connecting the everyday world of the client with Christian principles and Scripture. This creative, timesaving guide assists therapists in helping clients achieve therapy goals through professionally sound and principled exercises while always maintaining a positive, supportive connection with Christian beliefs. Helpful features include Scripture references relevant to common problems, case studies, vignettes, professional resource lists, client resource lists, in-session exercises, homework exercises, and handouts. The Christian Therapist's Notebook bases its success on three foundations: the truth of scripture; the centrality of Christ; and the guidance of the Holy Spirit. The book's three sections include individuals, couples and families, and children and adolescents. Each chapter focuses on a single exercise to address an important issue that may be affecting the client. Chapters provide a guiding Scripture quote, an objective, rationale for use, clear and specific instructions, suggestions for a follow-up, a vignette illustrating the exercise's success, contraindications, extensive resources, and related Scriptures. The Christian Therapist's Notebook exercises include: "A New Creation," which uses a Christogram to personalize the Biblical promises and truths of the spiritual transformation "Snapshots," which reveals repetitive behavior patterns in relationships "Core Connections," which helps the client explore the organization of relational core connections to other people as well as to God "Temptation Judo," which explores the connection between temptation and needs while uncovering God's promise of escape "Broken Mirrors," which identifies unresolved issues affecting self-image and moves the client to a personal relationship with God "The Book of My Life," which helps identify situations and people that have had an impact on clients, while helping them to acknowledge that God has a plan for them "Tearing Down Strongholds," which helps take the client through the process of repentance "It Was Wrong," which helps abuse victims deal with pain and frustration "Bowing Down," which helps to restore a healthy relationship "Panic Breaker," which helps get to the root of client fears "Parenting after Divorce" "Self-esteem," which helps children with self-concept and many, many more! The Christian Therapist's Notebook is the answer for practicing therapists, counselors, interns, pastors, educators, and students searching for activities for client therapy based upon the truth of God.

[Biblical Counseling and the Church](#)

The Bible provides God's solutions for every problem or issue we face in life. But how can you find the most relevant biblical counsel when you need help from God's Word? That's where The Biblical Counseling Reference Guide comes in. This comprehensive resource, developed by longtime Christian counselor June Hunt, will enable you to find the right Bible verses in response to hundreds of practical, everyday issues. Here in one volume, covering 600-plus topics, is quick access to God's perfect wisdom for all of life. Every teacher and student, counselor and coach, fellow believer and caring helper will find within these pages a treasure trove of biblical counsel for every issue people face, including anger conflict resolution depression forgiveness grief homosexuality loneliness marital struggles overeating stress temptation victimization

[Christ-Centered Biblical Counseling](#)

Hurting people need help. But sometimes those who are faced with helping the hurting could use a little more information about the problems that needy people bring to them. The Quick-Reference Guide to Biblical Counseling provides the answers. It is an A-Z guide for assisting people--helpers--pastors, professional counselors, youth workers, and everyday believers--to easily access a full array of information to aid them in (formal and informal) counseling situations. Issues addressed include addictions, forgiveness, sexual abuse, worry, and many more. Each of the 40 topics covered follows a helpful eight-part outline and identifies: 1) typical symptoms and patterns, 2) definitions and key thoughts, 3) questions to ask, 4) directions for the conversation, 5) action steps, 6) biblical insights, 7) prayer starters, and 8) recommended resources. About the series The Quick-Reference Guides are A-Z guides that assist people--helpers--pastors, professional counselors, youth workers, and everyday believers--to easily access a full array of information to aid them in (formal and informal) counseling situations. Each of the forty topics covered follows a helpful eight-part outline and identifies: 1) typical symptoms and patterns, 2) definitions and key thoughts, 3) questions to ask, 4) directions for the conversation, 5) action steps, 6) biblical insights, 7) prayer starters, and 8) recommended resources.

[Becoming a Church that Cares Well for the Abused](#)

How are Christians to understand and undertake the discipline of psychology? This question has been of keen interest (and sometimes concern) to Christians because of the importance we place on a correct understanding of human nature. Psychology can sometimes seem disconnected from, if not antithetical to, Christian perspectives on life. How are we to understand our Christian beliefs about persons in relation to secular psychological beliefs? This revised edition of a widely appreciated text now presents five models for understanding the relationship between psychology and Christianity. All the essays and responses have been reworked and updated with some new contributors including the addition of a new perspective, the transformative view from John Coe and Todd Hall (Biola University). Also found here is David Powlison (Westminster Theological Seminary) who offers the biblical counseling model. The levels-of-explanation model is advanced by David G. Myers (Hope College), while Stanton L. Jones (Wheaton College) offers an entirely new chapter presenting the integration model. The Christian psychology model is put forth by Robert C. Roberts (Baylor University) now joined by Paul J. Watson (University of Tennessee, Chattanooga). Each of the contributors responds to the other essayists, noting points of agreement as well as problems they see. Eric L. Johnson provides a revised introduction that describes the history of Christians and psychology, as well as a conclusion that considers what might unite the five views and how a reader might evaluate the relative strengths and weaknesses of each view. *Psychology and Christianity: Five Views* has become a standard introductory textbook for students and professors of Christian psychology. This revision promises to keep it so.

[Counseling Techniques](#)

This one of a kind resource provides pastors, church leaders, and non-professional counselors with everything they need to establish a program for lay counseling. This new edition has been thoroughly revised and updated in light of fresh research and outlines a practical training resource that can be used to train and equip lay counselors. Filled with useful forms and questionnaires, it also provides a helpful and comprehensive survey of the programs and resources that are currently available.

[How to Be a People Helper](#)

[Biblical Counseling Manual](#)

Kirwan not only sounds a clarion call for thorough integration of psychology and theology, he demonstrates that it can be done.

[Christian Counseling](#)

[Treating Trauma in Christian Counseling](#)

All that was done to us, what we have done to others, the failures, the ills, the violations of our persons, the brutalities, the perversions of life, rejections, death of loved ones, tragedies, loneliness, abandonment, Jesus paid the penalty for all these sins, and provided the means to handle the tragedies of life. We do not need to deal with these violations and tragedies on our own. Christ is in us to work out our salvation daily (Phil. 2:12-13; Gal. 2:20; 2 Cor. 5:21; Rom. 6:3-6; Ezek. 18:20). Being in Christ, we are new creatures and we are to deal with life now from the biblical perspective. Our problem is not with Satan, not with people, not with the circumstances of life, but our problem lies in our relationship with God. Our focus is to change from a concern about self, to a concern about God's glory and that is accomplished by our godly responses to others and life in general (Rom. 5:17; Cor. 5:21). Thus, the answer to healing the soul lies here: loving God by obeying His commands (John 14:21), and dealing with unresolved actions of the past in a spirit of repentance and reconciliation (Matt. 7:5).

[Christian Counseling Ethics](#)

Assessment in counseling is an ongoing and dynamic routine to encourage movement in a productive direction toward what is truly best. In this Christian perspective on assessment, Stephen

P. Greggo equips counselors to put assessment techniques into practical use, charting a course for care that brings best practices of the profession together with practices of Christian discipleship.

[Competent Christian Counseling, Volume One: Foundations and Practice of Compassionate Soul Care](#)

The guidance every woman needs for any difficulty can be found in the pages of Scripture. Join counseling professor John D. Street and his wife, Janie, as they offer clear descriptions and careful direction for some of the most common physical, mental, and emotional struggles faced by women today.

[A Theology of Christian Counseling](#)

As people face addictions, deal with loss and grief, and seek help in restoring broken relationships, where can they turn for counsel and assistance? The local church has been uniquely blessed with the gift of the gospel and is able to offer hope and counsel that no other institution on earth can. In *Biblical Counseling and the Church*, Bob Kellemen and Kevin Carson have assembled over twenty respected ministry leaders who examine the relationship between counseling and the church. This comprehensive resource, part of the Biblical Counseling Coalition series, helps leaders and counselors develop a vision that goes beyond being a church with a biblical counseling ministry to becoming a church of biblical counseling—a church culture that is saturated by “one-another” ministry. Divided into five parts, *Biblical Counseling and the Church* will help church leaders: Unite the pulpit ministry of preaching the Word with the personal ministry of the Word in counseling Offer practical and theological training to equip counselors Launch and lead a counseling ministry, regardless of the size of your church Bring together the relational focus of small group ministry with the ministry of care and counseling Better understand the relationship between biblical counseling, church discipline, and conflict resolution Learn how to use counseling in outreach through “missional” biblical counseling—moving biblical counseling beyond the doors of the church and into the world

[The Comprehensive Guide to Youth Ministry Counseling](#)

Counseling Techniques provides a useful resource for any type of counseling practitioner. Presenting a wide variety of the most effective and commonly used techniques associated with various diagnoses, theoretical bases, and client populations, it offers experienced therapists and students alike a single, trustworthy resource for clinical reference and guidance. Each chapter includes a user-friendly, step-by-step explanation of the techniques covered. Sections survey the following: Basic types of techniques (cognitive, behavioral, experiential, and more) Techniques for children, adolescents, adults, couples, and families Techniques for a wide variety of individual and family issues, including emotional dysregulation, shame, loss, sexual abuse, trauma, domestic violence, attachment wounds, and much more Featuring a lineup of top-notch, highly experienced counselors and thoroughly integrated with a Christian worldview, *Counseling Techniques* will equip therapists and students in various helping disciplines for the frequent clinical issues that arise in all forms of counseling.

[Psychology & Christianity](#)

This proven guide in pastoral counseling has been extensively expanded and revised by the author to include recent developments and research, new resources, and attention to newly urgent needs such as AIDS, eating disorders, homosexuality, and violence. Written with clarity and sensitivity, this volume builds on biblical foundations and the best resources of professional psychology. It reflects the insights the author has gained from many years of Christian counseling. New Sections include: The Legal, Ethical and Moral Issues in Counseling The Multicultural, Multiracial Issues in Counseling Conflict and Relationships Dealing with Death and Grief Alcoholism and Other Substance Abuse Crises and Trauma Counseling and Terrorism

[Caring for the Souls of Children](#)

A Theology of Christian Counseling connects biblical doctrine with practical living. Salvation, that

central concern of Protestant theology, is often too narrowly defined. It is thought of as "being saved from the consequences of sin." But God is doing much more. He is making something new out of the old sinful nature. He is, in Christ, making new creatures."No counseling system that is based on some other foundation can begin to offer what Christian counseling offers. . . . No matter what the problem is, no matter how greatly sin has abounded, the Christian counselor's stance is struck by the far-more-abounding nature of the grace of Jesus Christ in redemption. What a difference this makes in counseling!"In this book the reader will gain an insight into the rich theological framework that supports and directs a biblical approach to counseling. And the connection between solid theology and practical application will become compelling. This book is one-of-a-kind.

[Josh McDowell's Handbook on Counseling Youth](#)

Master the essentials of effective biblical counseling Christ-Centered Biblical Counseling is a comprehensive resource that will help you understand how to minister from God's truth to change lives. With the cumulative wisdom of almost 40 contributors with exceptional credentials and experience, you'll discover a valuable model for counseling that explains... The Why of Biblical Counseling Why the Bible is sufficient and relevant for addressing every issue we face Why biblical counseling is so effective in helping people face life's struggles in Christ's strength The How of Biblical Counseling How you can lead struggling, hurting people to the hope and strength available only in Christ How to counsel in a way that is Christ-centered and God-glorifying Every chapter provides a wonderful blend of theological wisdom and practical expertise, and is written to be accessible to everyone who wishes to extend Christ's love to others—pastors, church leaders, counseling practitioners, instructors, lay people, and students. In this massively important new book...leading figures in the biblical counseling movement set forth a wealth of wisdom. We have needed this book for a long time. —Dr. R. Albert Mohler Jr., president, Southern Baptist Theological Seminary Christ-Centered Biblical Counseling is warm, personal, gentle, always wanting to listen and know the person, confident in the Spirit's working through the Word of Christ. —Dr. Ed Welch, CCEF faculty, author of Shame Interrupted

[Competent to Counsel](#)

Coming alongside struggling children can feel like an uphill battle. Yet children struggle with the same desires adults struggle with, are lured by the same lies adults fall prey to, and can find hope in the same source adults can find hope—in Jesus. This manual helps counselors share Christ—the way, the truth, and the life—while tailoring interactions and teachings to the understanding of children. Articles are written by a wide range of biblical counselors, authors, and pastors who have worked with children for many years including Amy Baker, Julie Lowe, Marty Machowski, Jessica Thompson, Jonathan Holmes, Michael R. Emler, Garrett Higbee, Edward T. Welch, Kevin Carson, Harvest USA, Charles Hodges, Joni and Friends, Bob Kelleman, and Pam Bauer. Caring for the Souls of Children equips counselors, parents, pastors, and other helpers who love children, to boldly trust in the sufficiency of Scripture for counseling. Edited by counselor and author Amy Baker, this in-depth resource begins with an overview of foundational principles for counseling children and addresses a different counseling topic in each subsequent chapter. Topics addressed include a wide variety of general and specific issues that children face including anxiety, anger, abuse, suicidal thoughts and actions, self-harm, shame, grief, disability, disease, sexual identity, and many others.

[The New Christian Counselor](#)

Editor Randolph K. Sanders assembles a team of scholar-practitioners to forge a comprehensive ethical approach to Christian counseling. Christian psychotherapists, pastors and others in the counseling profession will find here a ready resource for a whole array of contemporary clinical scenarios.

[Caring for People God's Way](#)

Heather Davediuk Gingrich applies years of counseling experience to the sensitive task of treating complex traumatic stress disorder (CTSD). Writing for pastors and counselors who have not received training in complex trauma, Gingrich integrates current trauma therapy research with

Christian priorities such as prayer and spiritual warfare.

[Christian Counseling Casebook](#)

[The Christian Therapist's Notebook](#)

This companion to the third edition of Christian Counseling will help readers apply their knowledge to real cases. It presents stories that illustrate the material that is discussed abstractly in Christian Counseling. Each chapter begins with a brief introduction followed by the case story or stories and three sets of questions designed by Gary Collins to help the reader or group explore the subtleties and details of Christian Counseling. The Discussion Questions focus primarily on the case and raise questions about how the counselee might best be helped. The General Questions focus more broadly on relevant issues that are suggested by the presented case but may extend beyond the case. The Personal Reflection Questions are written for the reader/counselor to reflect on ways in which the case and the topics under discussion could apply personally to the reader.

[Christian counselling : a comprehensive guide](#)

Many pastors and lay counselors have had minimal training in clinical methods of grief and trauma counseling. The Complete Guide to Crisis and Trauma Counseling is a biblical, practical guide to pastoral counseling written by one of the most respected Christian therapists of our time. Dr. H. Norman Wright brings more than forty years of clinical and classroom experience to this topic. He shares real-life dialogues from his decades in private practice to demonstrate healthy, healing counseling sessions. Readers will learn how to counsel and coach both believers and nonbelievers who are in crisis, how to walk alongside them through the hours, weeks, and months following their trauma, and how to help them find the path to complete restoration.

[Restoring the Shattered Self](#)

What does authentic Christian counseling look like in practice? This volume explores how five major perspectives on the interface of Christianity and psychology would each actually be applied in a clinical setting. Respected experts associated with each of the perspectives depict how to assess, conceptualize, counsel and offer aftercare to Jake, a hypothetical client with a variety of complex issues. In each case the contributors seek to explain how theory can translate into real-life counseling scenarios. This book builds on the framework of Eric L. Johnson's Psychology & Christianity: Five Views. These include the Levels-of-Explanation Approach, the Integration Approach, the Christian Psychology Approach, the Transformational Approach and the Biblical Counseling Approach. While Counseling and Christianity can be used independently of Johnson's volume, the two can also function as useful companions. Christians who counsel, both those in practice and those still in training, will be served by this volume as it strengthens the connections between theory and practice in relating our faith to the mental health disciplines. They will finally get an answer to their persistent but unanswered question: "What would that counseling view look like behind closed doors?"

[A Theology of Biblical Counseling](#)

With extensive experience treating complex trauma, Heather Gingrich and Fred Gingrich have brought together key essays representing the latest psychological research on trauma from a Christian integration perspective. This text introduces counseling approaches, trauma information, and Christian reflections for students, instructors, clinicians, and researchers alike.

[The Popular Encyclopedia of Christian Counseling](#)

In this updated and expanded version of How to Be a People Helper, Dr. Gary Collins, a well-known psychologist, shares his insights into how a person can help friends who are hurting, family, and co-workers.

[Self-talk, Imagery, and Prayer in Counseling](#)

Part of the Resources for Christian Counseling series, this volume discusses self-talk, imagery, and prayer and tells how each of these can be applied to a variety of counseling problems.

[Ready to Restore](#)

This proven guide in pastoral counseling has been extensively expanded and revised by the author to include recent developments and research, new resources, and attention to newly urgent needs such as AIDS, eating disorders, homosexuality, and violence. Written with clarity and sensitivity, this volume builds on biblical foundations and the best resources of professional psychology. It reflects the insights the author has gained from many years of Christian counseling. New Sections include: The Legal, Ethical and Moral Issues in Counseling The Multicultural, Multiracial Issues in Counseling Conflict and Relationships Dealing with Death and Grief Alcoholism and Other Substance Abuse Crises and Trauma Counseling and Terrorism

[The Biblical Counseling Reference Guide](#)

Combining cutting-edge expertise with deeply rooted Christian insights, this text from a leading figure in the Christian counseling community offers readers a comprehensive survey of ten major counseling and psychotherapy approaches. For each approach, Siang-Yang Tan first provides a substantial introduction, assessing the approach's effectiveness and the latest research findings or empirical evidence for it. He then critiques the approach from a Christian perspective. Tan also includes hypothetical transcripts of interventions for each major approach to help readers get a better sense of the clinical work involved. This book presents a Christian approach to counseling and psychotherapy that is Christ centered, biblically based, and Spirit filled.

[Christian Counseling](#)

Caring for People God's Way presents Christian counseling in a systematic, step-by-step manner that outlines the process as practically as possible. It then applies the process to the most common issues faced by Christian counselors: personal and emotional issues, trauma, grief, loss, and suicide.

[The Complete Guide to Crisis & Trauma Counseling](#)

Help others realize their maximum potential with a God-centered approach to coaching.

[Christian Coaching](#)

Is your church prepared to care for individuals who have experienced various forms of abuse? As we continue to learn of more individuals experiencing sexual abuse, domestic violence, and other forms of abuse, it's clear that resources are needed to help ministries and leaders care for these individuals with love, support, and in cooperation with civil authorities. This handbook seeks to help the church take a significant step forward in its care for those who have been abused. Working in tandem with the Church Cares resources and videos, this handbook brings together leading evangelical trauma counselors, victim advocates, social workers, attorneys, batterer interventionists, and survivors to equip pastors and ministry leaders for the appropriate initial responses to a variety of abuse scenarios in churches, schools, or ministries. Though the most comprehensive training is experienced by using this handbook and the videos together, readers who may be unable to access the videos can use this handbook as a stand-alone resource.

[Biblical Concepts for Christian Counseling](#)

[The Christian Counselor's Manual](#)

A Classic in the Field of Christian Counseling Competent to Counsel has helped thousands of pastors, students, laypersons, and Christian counselors develop both a general approach to Christian counseling and a specific response to particular problems. Using biblically directed

discussion, nouthetic counseling works by means of the Holy Spirit to bring about change in the personality and behavior of the counselee. As Dr. Jay Adams points out in his introduction, "I have been engrossed in the project of developing biblical counseling and have uncovered what I consider to be a number of important scriptural principles. . . . There have been dramatic results. . . . Not only have people's immediate problems been resolved, but there have also been solutions to all sorts of long-term problems as well." Since its first publication in 1970, this book has gone through over thirty printings. It establishes the basis for and an introduction to a counseling approach that is being used in pastors' studies, in counseling centers, and across dining room tables throughout the country and around the world

[Christian Counseling 3rd Edition](#)

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[The Quick-Reference Guide to Biblical Counseling](#)

Since the beginning of the biblical counseling movement in 1970, biblical counselors have argued that counseling is a ministry of the Word, just like preaching or missions. As a ministry, counseling must be defined according to sound biblical theology rather than secular principles of psychology. For over four decades, biblical theology has been at the core of the biblical counseling movement. Leaders in biblical counseling have emphasized a commitment to teaching doctrine in their counseling courses out of the conviction that good theology leads to good counseling...and bad theology leads to bad counseling. A Theology of Biblical Counseling is a landmark new book that covers the history of the biblical counseling movement, the core convictions that underlie sound counseling, and practical wisdom for counseling today. Dr. Heath Lambert shows how biblical counseling is rooted in the Scriptures while illustrating the real challenges counselors face today through true stories from the counseling room. A substantive textbook written in accessible language, it is an ideal resource for use in training biblical counselors at colleges, seminaries, and training institutes. In each chapter, doctrine comes to life in real ministry to real people, dramatically demonstrating how theology intersects with the lives of actual counselees.

[Lay Counseling. Revised and Updated](#)

You aren't a licensed marriage and family therapist. You didn't do a doctoral dissertation on pastoral counseling. You're simply God's person caring for God's people in the local church. And the marriages in your church need help. Many pastors feel ill-equipped to handle the challenges that arise when a couple is going through marital difficulties. They feel lost and inadequate. What do you say? What counsel do you offer? Should I say anything or just listen? Do I schedule a follow-up appointment? Do I ask questions? What questions? If you are or have been in this situation before, this book offers you a practical guide to get started with the first sessions and then offers specific guidance on nine of the most common topics that come up in marriage counseling. Author and pastor Jonathan Holmes offers a solid, biblical theology and methodology to help you navigate through the world of marriage counseling with the fundamental conviction that God's word is powerful enough to address the deepest of marital issues, and robust enough to handle whatever might come your way. In each chapter, you'll meet a new couple dealing with a different issue, much like the people in your church, office, and neighborhood. Through the book you'll also hear advice from several respected voices in the biblical counseling community. Whether you're a novice or already knowledgeable, Counsel for Couples provides theologically sound and biblically practical tools to help you as you help couples in need.

[Counsel for Couples](#)

Seasoned counselors and professors Ron Hawkins and Tim Clinton offer a comprehensive guide that empowers Christian counselors by clarifying their task: to help people take possession of their souls through the power of the Spirit; under the authority of the Word; in a supportive community of accountability that they may be like Christ. The authors address head-on today's enticing new imitations of true peace and tantalizing opportunities for people in pain to anesthetize themselves. But they also highlight the foundation of hope: God loves, he empowers, and he refuses to abandon his passion for connection with his children. Case studies illustrate how to help people take

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possession of the thinking self, the feeling self, the decision-making self, the physical self, and the relational self. This comprehensive plan for effective intervention is perfect for lay counselors, students, and professionals looking for ways to integrate their faith and practice.

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