

Diagnosis In Chinese Medicine A Comprehensive Guide | 0381e4a1c6d4dfe299e47f455e4b7d69

The Foundations of Chinese Medicine E-Book Chinese Pulse Diagnosis The Channels of Acupuncture Cards Diagnosis in Chinese Medicine Pulse Diagnosis in Early Chinese Medicine Face Reading in Chinese Medicine - E-Book Practical Diagnosis in Traditional Chinese Medicine Complementary Therapies for the Body, Mind and Soul Pocket Atlas of Tongue Diagnosis Tongue Diagnosis in Chinese Medicine Wan's Clinical Application of Chinese Medicine Chinese Traditional Herbal Medicine Eye Diagnosis in Chinese Medicine Acupuncture ACUPUNCTURE "AFFECTED VESSEL CRITERION": AN INNOVATIVE DIAGNOSIS VADEMECUM TO UPGRADE CHINESE MEDICAL PRACTICE Atlas of Chinese Tongue Diagnosis The Psyche in Chinese Medicine Diagnosis in Traditional Chinese Medicine The Practice of Chinese Medicine Obstetrics and Gynecology in Chinese Medicine E-Book Diagnostics of Traditional Chinese Medicine Diagnostics in Chinese Medicine Treating Emotional Trauma with Chinese Medicine Practical Therapeutics of Traditional Chinese Medicine The Spirit Catches You and You Fall Down Debatable Topics in PCOS Patients Traditional Chinese Medicine Diagnosis Study Guide Traumatic Brain Injury The Foundations of Chinese Medicine The Art and Practice of Diagnosis in Chinese Medicine Practical Pain Management Handbook Of Traditional Chinese Medicine (In 3 Volumes) Tongue Diagnosis in Chinese Medicine Diagnosis in Chinese Medicine Modern Tongue Diagnostics in Chinese Medicine Pulse Diagnosis E-Book Fukushima and Kampo Ischemic Stroke Acupuncture Navigating the Channels of Traditional Chinese Medicine

This exciting new book, *Pulse Diagnosis: A Clinical Guide* describes a reliable method of pulse assessment. The authors' style and approach to pulse diagnosis provides a unique insight into this often ambiguous system of diagnosis drawing upon the traditions of Chinese medicine, the knowledge of biomedical constructs and the relationship of each to contemporary TCM clinical practice. Subjects covered include exploration of the concept of 'pulse' and establishment of it within the context of health, current limitations of current pulse literature in relation to clinical practice, pulse diagnosis within contemporary TCM clinical practice and pulse taking procedures. *THE PSYCHE IN CHINESE MEDICINE* comprehensively discusses the treatment of mental-emotional disorders with both acupuncture and herbal medicine. Suitable for practitioners and students of Chinese medicine it discusses first the aetiology, pathology and diagnosis of mental disorders. It explores the nature of the Mind (Shen), Ethereal Soul (Hun), Corporeal Soul (Po), Intellect (Yi) and Will-Power (Zhi) and then presents the diagnosis and treatment of the most common psychological disorders with both acupuncture and Chinese herbs in detail. Specific chapters focus on the treatment of common conditions including depression, anxiety, insomnia, panic attacks, bipolar disorder and Attention Deficit Hyperactivity Disorder. Each condition is illustrated with case histories from the author's 35 years-long practice. Comprehensive discussion of the nature of the Shen, Hun, Po, Yi and Zhi in Chinese medicine. The first detailed description of the nature and functions of the Hun (Ethereal Soul) and how that relates to conditions such as depression, bipolar disorders and Attention Deficit Hyperactivity Disorder. An entire chapter dedicated to the functions of acupuncture points in the treatment of mental-emotional disorders. Case studies that offer realistic insights and understanding to the range of diagnostic and treatment choices the practitioner can make. Attractive 2-colour page layout gives easy access and navigation around the text. A favorite for first year acupuncture and TCM students because it covers the essential knowledge of the channels and collaterals and the characteristics of the channel system, providing descriptives that include the key points, pathway, associated organs and points, physiology, pathology, clinical applications, and divergent, teninomuscular, and collateral channels. This exciting new edition covers the theory of traditional Chinese medicine and acupuncture, and discusses in detail the function of the acupuncture points and principles of treatment. Tongue diagnosis is a vital instrument used in Chinese medicine both to assess the current health of a patient and to provide a basis for prognosis. It also informs the practitioner about the underlying strength or weakness of the patient's constitution. This new (2nd) edition of *Atlas of Chinese Tongue Diagnosis* contains over two hundred color photographs of tongues seen in a Western clinic. The photos provide a graphic representation of a wide variety of common disorders. Each photograph is accompanied by a description of the significant features of the tongue, the corresponding Chinese diagnosis for each feature, accompanying symptoms, Western diagnosis, and pertinent background information. The sequence of the photos within a chapter shows the increasing degree of imbalance among the body's energies. The presentation of the tongues is organized according to the nature of the underlying organ disharmony: Lungs, Spleen, Stomach, Kidney, Heart, Liver. Other chapters focus on particular aspects of the tongue such as pale tongues, cracked tongues, special coatings, as well as those associated with heat disorders and blood stasis. A final chapter surveys several cases that reflect how the tongue changed over the course of treatment, with before and after photographs. This systematic presentation provides the student and practitioner with a much deeper understanding of the methodology of tongue diagnosis in Chinese medicine. This second edition of the *Atlas* combines and reconfigures the content of the two volumes in the original edition into one new, integrated volume. The new edition retains most of the photos from the first volume and a number of case histories from the second. A few new photos that are particularly good examples of specific tongue colors or other signs have also been added. At the same time, some of the photos and case histories in the original volumes have been discarded to enhance the readability of the book and thus make it more useful as a single volume reference work. An extensive and detailed index provides access to virtually every aspect of the hundreds of tongues presented in this atlas, and their interrelationships. Praise for the First Edition: The authors take a comprehensive approach to treatment by including acupuncture, herbs and diet; the photos are good; and the cases are interesting. --*The Lantern: A Journal of Traditional Chinese Medicine* In this fully up-to-date Second Edition, experts in Chinese medicine explain how traditional Chinese tongue diagnosis can be used in daily practice to complement conventional Western methods. The guide begins with a brief introduction to the history, anatomy, physiology, and methodology of tongue diagnosis followed by basic techniques and systematic procedures for identifying the manifold individual characteristics of the tongue's shape and its many modifications. Full-color photographs of tongues then demonstrate a variety of clinical scenarios to help readers develop a holistic approach to diagnosis. Features An in-depth review of the tongue's most important anatomic and physiologic features, including the lingual papillae, the tongue muscles, arterial supply, and much more. More than 180 full-color illustrations and high-quality clinical photographs of Western tongues enhance the text. Treatment suggestions for using acupuncture, herbs, and nutrition accompany each clinical image. Medical assessment of 28 case histories with real-life photographs from the authors' practice. The Second Edition of *Pocket Atlas of Tongue Diagnosis* is an essential resource for every practitioner or student of Chinese medicine, acupuncture, or complementary medicine. A study in the collision between Western medicine and the beliefs of a traditional culture focuses on a hospitalized child of Laotian immigrants whose belief that illness is a spiritual matter comes into conflict with doctors' methods. This book is an introduction to diagnosis and treatment through looking at the tongue. Modern tongue diagnostics combines traditional Chinese medical tongue diagnostics with bio-holographic theory, using the holographic reflections on the tongue to diagnose disease, thereby improving the accuracy of the diagnosis in terms of what and where the illness is. This book introduces in detail the theory of the tongue midline as well as the positions where various organs are reflected on the tongue, as well as the appearances of the tongue corresponding to various pathological changes in these organs. This book is the first to publicize the author's many patented tongue diagnosis images, such as the panoramic hologram image which for the first time revealed the position and posture of the human body as it appears holographically on the tongue, the head and neck gland distribution image, the head and facial features map, and more. The author, aided by the experiences of previous scholars, discovered the position and posture of the human body as it appears holographically on the tongue. The holographic state of the human body as it appears on the tongue is in a prone position, that is, the head area is reflected at the tip of the tongue with the face facing forward, the legs and buttocks are reflected at the back of the tongue, and the four limbs are reflected in a bent position on the two sides of the tongue. The author has discovered how the glands of the head and neck are mapped on the tongue, especially the map of the thyroid gland on the tongue, refuting the common belief about how the thyroid gland is reflected on the tongue. Contrary to common belief, the thyroid gland is not reflected on the two sides of the cervical vertebrae reflection area on the tongue, but instead is on the two sides of the upper jiao area (the upper third of the tongue). The author has determined the areas of the tongue where various organs are reflected, as well as the changes in tongue appearance corresponding to the diseases in these organs. For example, heart disease is often reflected on the tongue as cracks or sunken areas in the heart reflection area of the tongue. In many years of clinical experience using tongue diagnostics, I have attempted to combine tongue diagnostics with herbal medicine and acupuncture, and have attained significant improvements in clinical efficacy, and have created a shortcut for accelerating diagnosis and improving efficacy. This book will mainly introduce diagnosis and differentiation based on the tongue with some case study. A favorite for first year acupuncture and TCM students because it covers the essential knowledge of the channels and collaterals and the characteristics of the channel system, providing

descriptives that include the key points, pathway, associated organs and points, physiology, pathology, clinical applications, and divergent, teninomuscular, and collateral channels. Complementary Therapies (CT) refers to the practices, products, or health systems that are outside the realm of conventional medicine, used to treat disease or to promote health and well-being. Defining CT is difficult, because the field is very broad and constantly changing. The title of this book includes the words body, mind, and soul. The body and the mind (and their reciprocal relations) have been extensively studied scientifically. What about the soul? The book brings some points about this new ground in CT. We hope you find in the present work the sincere desire to collaborate with the dissemination of knowledge. May this book be useful and pleasant to you. For over two thousand years, Traditional Chinese Medicine (TCM) has made many significant contributions to China's growth and prosperity. This textbook, based on the unique characteristics of TCM, discusses its principle theories and presents a comprehensive daily practice guide for health maintenance and disease treatment. The book provides clinical practitioners with a fundamental understanding of the essence of TCM. We highly recommend this book for students interested in TCM, Chinese medicine doctors and other healthcare professionals, biomedical researchers, and interested individuals. Readers will benefit from the inspirational viewpoints discussed in the book. Much of acupuncture practice in the West remains incomplete or less potent because it has been based upon particular interpretations often by only one individual, in translation. The broad, diverse and ancient practices of Chinese medicine are often misconstrued and overshadowed by the more modern Traditional Chinese Medicine in Westernised texts. This book places more powerful tools in the hands of practitioners and expands our knowledge of the full potential of Chinese medical practices. Grandmaster Wan was a well known doctor of Chinese medicine, who in the traditional way of Chinese teaching took on only a handful of students throughout his life, one of whom was Giorgio Repeti. The author's extensive notes, derived from his years of discipleship to Grandmaster Wan, form the basis of this book, and he has in the core of the book resisted any temptation to include his own views or amend those of the teacher. The approach described was characterised by Grandmaster Wan as the 3E approach (easy, economical and efficient), and is deceptively simple. It is, however, an approach that can only fully be comprehended through reflection and experience. The book covers the basic principles of diagnosis, with chapters on pulse and tongue diagnosis. A key chapter on acupuncture provides clear directives for treatment that relies on simple yet powerful underpinning principles, and challenges the much more complex approach to acupuncture commonly taught in the West. Herbal medicines and herbal treatments for cold, warm and hot diseases are also covered. This clinically based text will provide an essential vademecum for practitioners of Chinese medicine, and a thoughtful introduction for students that will carry them through to their own practice. This highly successful textbook covers the basic theory of traditional Chinese medicine and acupuncture, and discusses in detail the use of acupuncture points and the principles of treatment. The material is based on rigorous reference to ancient and modern Chinese texts, and explains the application of theory in the context of Western clinical practice. The new edition features new and updated material plus an accompanying website containing over 650 self-testing questions in a variety of formats. 25th Anniversary edition of the Western world's best-selling book on Chinese medicine! Logical, sequential organization builds from basic theoretical concepts, through functions of individual organs, diagnosis, pathology, pattern recognition & disease categories, and the appropriate use of acupuncture points. Clearly explains the theory and practice of Chinese Medicine to Western medical audiences. Based on a unique and invaluable combination of extensive clinical experience in the West, current Chinese Medicine textbooks and ancient sources, in particular, the 'Yellow Emperor's Classic of Internal Medicine' (Nei Jing) and the 'Classic of Difficulties' (Nan Jing). Includes Pinyin equivalents to make it immediately evident which original term is being translated. Abundantly illustrated with over 750 line drawings and more than 1000 tables & boxes designed to emphasize the key facts. End of chapter Learning Outcomes point out 'must-know' information. A helpful colour-plate section provides valuable information for diagnosis. Cases Studies and Case Histories apply theory to diagnosis and treatment, bringing the subject to life in a realistic context. An extensive Glossary explains new terms and their origins from translation. Additional Appendices list Prescriptions, Bibliography and Chinese Chronology. Authored by Giovanni Maciocia, one of the Western world's leading subject matter experts. An accompanying EVOLVE website provides over 650 self-testing questions and answers to help readers check their understanding of frequently complex information. New Case Histories help 'bring the subject to life'. Expanded subject area coverage including new clinical guidelines and additional acupuncture point combinations. Contains further analysis of acupuncture point actions. Innovative guidelines aid students learning Chinese Medicine patterns. An exciting new, full-colour edition of Face Reading in Chinese Medicine featuring over 200 colour photographs and practical instructions on how to conduct a face reading! Face reading has been part of Traditional Chinese Medicine for many centuries, and Professor Lillian Bridges is a popular academic and international lecturer on the subject who gained her fascinating knowledge through her family line of Master Face Readers in China. Based on an understanding of the shapes, markings and features of a face, practitioners can learn about the health and life of a patient relating to the principles of Chinese medicine. In addition to understanding how the body's internal functions - physical, psychological and emotional - can be seen on a face, practitioners can also learn how to evaluate Shen to understand non-verbal expressions. Technical and detailed information is presented in an upbeat, insightful and highly readable manner. This was the first book to focus on the deeper aspects of face reading and diagnosis, this edition includes ancient Taoist knowledge regarding the Original Face and Facial Jing and Qi markers which have previously only been taught through the oral tradition. Clear discussions demonstrate how this technique can be used as a supplement to other diagnostic tools in Traditional Chinese Medicine. Engaging, insightful, highly readable text is written by a well-known and experienced lecturer in the field. Extensive illustrations give you a clear understanding of theories and techniques. A focus on the deeper aspects of face reading and diagnosis helps readers become more conscious of their actions, reactions, and the health consequences of behavior. The authors look at TCM treatments for a wide range of common & more difficult problems, such as: eczema; gangrene; depressions; palpitations; & many more. Material is structured in such a way as to be easily accessed in clinical situations. Flash cards allow students and practitioners of acupuncture to test themselves on the channels and extraordinary vessels of acupuncture. Part I: Diagnosis by Observation Section 1: Observation of the Body, Mind and Complexion 1. Observation Of The Body Shape, Physique And Demeanor 2. Observation Of The Mind, Spirit And Emotion 3. Observation Of The Complexion Color 4. Observation Of Body Movements Section 2: Parts of the Body 5. Observation Of Head, Face And Hair 6. Observation Of The Eyes 7. Observation Of The Nose 8. Observation Of Lips, Mouth, Palate, Teeth, Gums And Philtrum 9. Observation Of The Ears 10. Observation Of Throat And Neck 11. Observation Of The Back 12. Observation Of Women's Breasts 13. Observation Of The Heartbeat 14. Observation Of The Hands 15. Observation Of The Nails 16. Observation Of The Chest And Abdomen 17. Observation Of Genitalia 18. Observation Of The Four Limbs 19. Observation Of The Legs 20. Observation Of Excretions 21. Observation Of The Skin 22. Observation In Children Section 3: Tongue Diagnosis 23. Tongue Diagnosis 24. Tongue-Body Color 25. Tongue Body Shape 26. Tongue Coating 27. Tongue Images And Patterns Part II: Diagnosis by Interrogation 28. Introduction 29. Pain 30. Food And Taste 31. Stools And Urine 32. Thirst And Drink 33. Energy Levels 34. Head 35. Face 36. Throat And Neck 37. Body 38. Chest And Abdomen 39. Limbs 40. Sleep 41. Sweating 42. Ears And Eyes 43. Feeling Of Cold, Feeling Of Heat And Fever 44. Mental-Emotional Symptoms 45. Sexual Symptoms 46. Women's Symptoms 47. Children's Symptoms 48. Diagnosing The Causes Of Disease Part III: Diagnosis by Palpation 49. Diagnosis by Palpation 50. Pulse Qualities 51. Palpation Of Parts Of The Body 52. Palpation Of Channels Part IV: Diagnosis by Hearing and Smelling 53. Diagnosis By Hearing 54. Diagnosis By Smelling Part V: Symptoms and Signs Section 1: Symptoms and Signs of Parts of the Body 55. Head And Face 56. Face Color 57. Ears 58. Nose 59. Throat 60. Mouth, Tongue, Teeth, Gums, Lips, Palate And Philtrum 61. Eyes 62. Neck, Shoulders And Upper Back 63. Chest 64. Limbs 65. Arms 66. Legs 67. Lower Back 68. Body 69. Digestive System And Taste 70. Thirst And Drink 71. Abdomen 72. Defecation 73. Urination 74. Anus 75. Men's Sexual And Genital Symptoms 76. Sweating 77. Skin Signs 78. Emotional Symptoms 79. Mental And Emotional Symptoms 80. Mental Difficulties 81. Sleep 82. Feeling Of Cold, Feeling Of Heat, Fever 83. Voice, Speech And Sounds Section 2: Gynecological Symptoms and Signs 84. Menstrual Symptoms 85. Problems At Period Time 86. Problems Of Pregnancy 87. Problems After Childbirth 88. Breast Signs 89. Miscellaneous Gynecological Symptoms Section 3: Pediatric Symptoms and Signs 90. Children's Problems Part VI: Identification of Internal Organ Patterns 91. Heart 92. Spleen 93. Liver 94. Lungs 95. Kidneys 96. Small Intestine 97. Stomach 98. Gall-Bladder 99. Large Intestine 100. Bladder Appendices Appendix 1: Case Histories Appendix 2: Prescriptions Appendix 3: History of Diagnosis in Chinese Medicine Glossary Bibliography Chinese Chronology A foremost Western expert on Chinese Medicine demonstrates how acupuncture and Chinese herbs are used in everyday clinical practice. He integrates extensive research with abundant direct clinical experience. A study of the earliest extensive account of Chinese pulse diagnosis, focusing on a biography of Chunyu Yi. Thoroughly revised to reflect contemporary diagnostics and treatment, this Third Edition is a comprehensive and practical reference on the assessment and management of acute and chronic pain. This edition features 14 new chapters and is filled with new information on invasive procedures, pharmacologic interventions, neuraxial pharmacotherapy, physical and occupational therapies, diagnostic techniques, pain in terminally ill patients, cancer pain, visceral pain, rheumatologic disorders, managed care and medicolegal issues. Reorganized with two new sections focusing on diagnostics and cancer pain. A Brandon-Hill recommended title. Traumatic brain

injury (TBI) syndrome has emerged as a serious health concern worldwide due to the severity of outcomes and growing socioeconomic impacts of the diseases, e.g., high cost of long-term medical care and loss of quality of life. This book focuses on the TBI pathobiology as well as on the recent developments in advanced diagnostics and acute management. The presented topics encompass personal experience and visions of the chapter contributors as well as an extensive analysis of the TBI literature. The book is addressed to a broad audience of readers from students to practicing clinicians.

ACUPUNCTURE: AN AID TO DIFFERENTIAL DIAGNOSIS gives a comprehensive conventional and acupuncture differential diagnosis, referenced by presenting condition and by acupuncture diagnosis. Presented in an accessible format, spiral bound and with a horizontal cut on each page, it gives the practitioner and student access to a handy and portable memory aid to differential diagnosis. Presented in a small, portable and quick-referenced form. Includes both western medicine differential diagnosis and Chinese medicine differential diagnosis Suitable for both students and practitioners of acupuncture. Attractive two colour design. This translation of the original Chinese text provides a guide to clinical examination and differential diagnosis in traditional Chinese medicine. It examines the diagnostic method used in traditional Chinese medicine and relates it to TCM syndromes. Colour plates illuminate key diagnostic signs. From an internationally known expert in the teaching and practice of Fukushin, this is a unique book defining the therapeutic and diagnostic significance of the abdomen in East Asian medicine. Nigel Dawes provides a comprehensive description of the practical application of abdominal palpation in clinical settings, as well as offering hands-on descriptions of the precise methodology of the abdominal exam with supporting visual aids. Focusing on specific clinical application in the field of Kampo (Sino-Japanese Herbal Medicine), it allows for the subtleties of the Fukushin method to be disseminated in order to complement Traditional Chinese Medicine training. Highly visual and practical, Fukushin is the perfect guide for both Japanese and Chinese medicine students and practitioners looking to develop their toolbox of skills in abdominal palpation. Illustrated by Phillip Heath Wood and Milt Adam. This is a paper on ancient Egyptian mathematics. The geometry of pyramids is thoroughly discussed, an original translation of a section of the Moscow Papyrus is given, and the structure of the earlier Pyramid of Khufu (The "Great Pyramid") is shown. In particular, it is conclusively demonstrated that the ancient Egyptians had a more than elementary understanding of quantitative science. This paper was given to Sigma Xi of Orange County in May, 2001. Easily accessible and heavily illustrated, this complete guide to diagnosis in Chinese Medicine places an emphasis on "real world" issues. Focusing on clear interpretations of signs and symptoms, it addresses the practice beyond the theory and leads readers through both basic and sophisticated levels of diagnostic interpretation. Since Chinese medicine diagnosis relies on a subtle appraisal of a patient's disharmony, many factors beyond traditional Western symptoms are considered, including a patient's voice, the absence of thirst, feeling hot or cold, the patient's smell, tone of voice, and glitter of eyes. This practical resource helps readers carefully interpret of a range of nuances. Provides a clinical understanding of Traditional Chinese Medicine. Offers an unparalleled depth of information that is meticulously cross-referenced. Includes all the signs and symptoms, however subtle, that a modern patient may present in the clinic. Provides clinical experience and understanding from a leader in the field of Chinese medicine. Clearly outlines the decision-making options in key situations to help readers through the most challenging topics. Logically organized so readers can quickly find the information they need in clinical situations. The book is to learn not only the meaning of the nosological conditions that we are dealing with, but to relate them to the Organs, Viscus, Status criteria or Elements and locate them in the main meridians and secondary vessels pointed out by the Chinese Acupunctural wisdom millennia ago, in order to understand their influence within the Generative and Inhibitory Cycles that represent the medical situation that we strive to correct. Adding this new point of view about the "Affected Vessel Criterion" will allow us to complete the wide range of diagnostic possibilities, to achieve a specific and accurate treatment that will provide our patients with the maximal potential that Acupuncture is capable of offering. According to the nature of the syndrome, this new concept of "Affected Vessel Criterion" as another diagnostic research option will significantly help the readers to rationally and specifically select the best-focused treatment for each particular patient. This textbook on diagnosis in Chinese medicine is unique in its clarity and accessibility. Divided into two sections, it is a comprehensive diagnostic manual. The first section explains how to collect and collate the information required to formulate a diagnosis and is divided into four approaches: visual, palpation, interrogation and listening/smelling. The second section describes the various diagnostic models in Chinese medicine, including The Eight Principles; zangfu organ pattern; the Six stages, four levels and san jiao; the twelve regular channels and eight extraordinary vessels; and the Five Phases. This book is organized around the 'four pillars' of TCM diagnosis: inspection, inquiry, listening and smelling, and palpation. In this text, each aspect is explained in a clear and systematic manner, with generous use of tables and illustrations. This is followed by a series of review questions for deeper understanding. A comprehensive self-examination consisting of 200 multiple choice questions, with a separate key to the answers, tests the reader's understanding of the important points of each aspect of diagnosis. These questions, many of which are presented in case study format, will help students prepare for the board exams. Acting as a bridge between the basic theory of Chinese medicine (CM) and various clinical subjects, Diagnostics in Chinese Medicine can be regarded as a core subject in understanding the concept of CM. Based on the national textbooks of CM in China, Diagnostics in Chinese Medicine is written combined with the National Standard and Quality Course given by Professor Chen Jiaxu at Beijing University of CM. According to Professor Chen's long-standing high academic profile and clinical practice, figures and tables are presented clearly to intensify understanding and comprehension. We are sorry that the DVD content are not included. Emotional trauma can upset the harmony of the body and reduce the body's ability to heal and regulate itself. Once the traumas are identified and treated, the body will function at an optimum level and will respond to treatments for other conditions present. This book integrates the multi-diagnostic and treatment methods existing in Chinese medicine, and contains diagnostics such as facial, pulse, tongue, and channel palpation diagnosis. Treatments include acupuncture, Chinese herbal formulas, qigong, shamanic drumming, and lifestyle and nutritional recommendations. Many types of emotional traumas and their manifestations are presented, including fear, anxiety, panic attacks, PTSD, depression, mood swings, insomnia and sensory organ impairment. How to prevent future emotional trauma will be discussed, and case studies are included to show the application of theory in practice. This book covers all aspects and the most vibrant topics of ischemic stroke research: from basic sciences to latest methods of clinical applications. The authors give an overview of what has importance today in stroke research and also strike future ideas. The diversity of origin of the internationally known authors underlines not only that ischemic stroke research is nowadays global but also that this diversity gives new and valuable inputs to treat our patients. Following an introduction to the philosophical and theoretical background of traditional Chinese medicine, the diagnostic system is presented: the Chinese system of channels and functional organs, the significance of points and point categories, methods of needling and moxibustion. There is a chapter on treatment based on western diagnosis. The principles and practice of diagnostics are key to administering effective treatment in traditional Chinese medicine. The ability to recognise and diagnose symptoms and complaints correctly is fundamental to deciding on appropriate remedies, and this book provides a comprehensive introduction to all the principles that students and practitioners need to know. The authors outline the key methods used in diagnosis, and describe the eight basic categories of ailment and disease: yin and yang, exterior and interior, cold and heat, and deficiency and excess. They provide detailed instructions on how to identify and rebalance the relative strengths of pathogens and Qi in the body, and how to differentiate between syndromes that might look the same, using traditional Chinese medicine methods. The book concludes with useful forms for completion in taking a diagnosis. Combining practical instruction with detailed theory, this authoritative textbook, compiled by the China Beijing International Acupuncture Training Center (CBIATC), under the editorial direction of leading Chinese clinicians Zhu Bing and Wang Hongcai, is an excellent reference for students and practitioners at all levels. New edition of the most comprehensive Chinese Medicine Obstetrics and Gynecology textbook in the English language. World-renowned author and teacher Giovanni Maciocia gives a clear, detailed explanation of the physiology, pathology and aetiology of women's disorders in Traditional Chinese Medicine (TCM) and adapts these to Western conditions and patients. Seventy gynecological conditions are discussed in detail with consideration given to differentiation between conditions, the advised treatment using acupuncture and herbs, prevention and prognosis. Guidelines on lifestyle and use of the eight Extraordinary Vessels are provided, with case studies allowing easy application of theory to practice throughout. New for this edition: New attractive two-colour layout with book marks to ease navigation. Endometriosis and its treatment now included and fully covered in a new chapter. Infertility chapter includes recent research highlighting factors in infertility. All prescriptions now removed from the text and attractively presented in three appendices: Patient Remedies, Prescriptions and Three Treasure Remedies. "Obstetrics and Gynecology in Chinese Medicine is a paradigmatic work. It is tempered with reverence and innovation, meticulous archival attention and detailed modern clinical insight. When future generations look back at this work they will find not only knowledge and wisdom but also reasons for inspiration and awe." From the Foreword to the first edition by Ted J. Kaptchuk, Associate Director, Centre for Alternative Medicine Research, Beth Israel Hospital; Instructor in Medicine, Harvard medical School, Boston, USA. • Physiology and pathology of women's disorders in Chinese medicine • Aetiology and diagnosis of women's disorders • Differentiation and treatment - including acupuncture, herbs and patent remedies - of 64 gynecological conditions • Prevention and prognosis for each disease • Approximately 100 case histories from the author's

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*own practice • A detailed discussion of the use of the eight extraordinary vessels in gynecology*The book deliberates a wide range of the latest research issues on polycystic ovary syndrome (PCOS). The topics discussed include the diagnosis and management of PCOS, dwelling in more depth into the pathophysiology of the syndrome and its genetic and epigenetic basis. The book covers a contemplative discussion on the influence of changing lifestyle patterns on PCOS. The book also includes a number of chapters defining a detailed description of the associated morbidities of PCOS and its long-term sequelae. Since PCOS is quite prevalent globally, the book is also of great interest to the public. Providing detailed information suitable for patients and clinicians, it provides information about the various treatment regimens and screening recommendations for women having this condition.

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