

Free Facilitator Guide | aa9a61d46408b97646784bc43447d5a2

Developing Facilitation Skills: a handbook for group facilitators (3rd ed) Team to Teach Witnessing Whiteness The Remote Facilitator's Pocket Guide Mastering Facilitation A Teachable Moment The Significant Woman Facilitator Guide The Five Dysfunctions of a Team Facilitation Skills Training The New Art and Science of Teaching Race Dialogues How People Change Facilitator's Guide Completely Free! Facilitator's Guide Thrive Asia-Pacific POPIN Bulletin Facilitator's Guide Management Extra Beyond Anger Facilitator's Guide - Item 1217 Together in Rhythm The Clean and Free Workbook Facilitator's Guide Facilitator's Guide Facilitator's Guide to Participatory Decision-Making From the Inside Out Facilitator's Guide - Item 1212 An Abuse-Free Life Captivating Heart to Heart Facilitator's Guide Facilitator's Guide Facilitator's Guide Leadership Theory Strategic Play Supporting the IEP Process Reframing the Curriculum Evaluating Communication for Development Coping Power Tobacco-Free Teens Facilitator's Guide Breaking Free: A facilitator's guide to participatory action research practice Facilitator's Guide, How the Brain Learns Mathematics Sprint The Secrets of Facilitation Playing Big Facilitator's and Trainer's Toolkit

The How People Change Facilitators Guide challenges and equips participants to live out the gospel in their everyday lives. This course helps people to understand the underlying motivations for their actions and gives them specific, practical help in changing long-standing patterns of behavior, so they grow in love for God and others. Based on principles from the book, How People Change, authors Timothy S. Lane and Paul David Tripp now offer this companion guide for use in church-wide training sessions, small groups, Sunday schools, youth groups, or one-on-one discipleship. This self-explanatory Facilitator's Guide provides twelve lessons, directions on how to guide a small group through the Study Guide, extra content, homework discussion, detailed illustrations, and "Make It Real" life applications.

Master frameworks, techniques, and tools for conducting meetings, leading sessions and workshops, and transferring knowledge through education and training. In addition to focusing on proven methods, this book contains many new and innovative ideas developed through decades of the author's experience. There are 12 chapters: • Chapter 1, Facilitation Framework, classifies all facilitation types into four generic categories: Strategies and Solutions, Programs and Processes, Learning and Development, and Cooperation and Collaboration. • Chapter 2, Value Proposition, leverages the Career Steps Framework to prove the return on investment of facilitation skills and competency. • Chapter 3, Facilitation Process, explains each phase of the facilitation process: Contract, Prepare, During Session, Conclude, and Evaluate. • Chapter 4, Facilitation Leadership, explores Napoleon Hill's eleven factors of leadership, along with values, ethics, and competencies established by the International Association of Facilitators. • Chapter 5, Engagers and Energizers, reveals the art and science of educating and transferring learning to adults and optimizing the engagement of session participants using Dr. Howard Gardner's Multiple Intelligences. • Chapter 6, Tools, introduces the foundational technique of brainstorming and shows how to use 35 handy facilitation tools for a variety of situations including problem solving, group dynamics, and storytelling. • Chapter 7, Workshop Environment, outlines facilitation-friendly principles followed by guidance on room set up, various seating patterns, equipment, food, and supplies. • Chapter 8, Virtual Facilitation, provides suitable alternatives to face-to-face facilitation using practical techniques in four key areas: Engagement, Relationship, Communication, and Technology. • Chapter 9, Cross-Cultural Facilitation, introduces proven techniques for how to facilitate learning transfer and effective collaboration across cultures through the application of Dr. Geert Hofstede's dimensions of cross-cultural communication. • Chapter 10, Visual Facilitation, introduces the power of Visuals and Graphics Recording as a tool for effective collaboration and communication in organizational settings. • Chapter 11, Self-Development, provides guidelines on how to develop your facilitation competency and track your progress. This chapter concludes with the author's own journey on becoming an accomplished facilitator. • Chapter 12, Tools Library, outlines a step-by-step approach along with templates and examples where each of the 35 tools from Chapter 6 can be successfully leveraged. The book concludes with a section on facilitator and trainer resources. Good facilitation is often the difference between a meeting that delivers outputs and actions, and one that delivers breakthrough solutions and results. Artie Mahal, who is a master facilitator and trainer, has delivered an easy to read book that describes the science and art of effective facilitation. He offers insights, techniques, tools, and knowledge that anyone can use to improve their facilitation and training skills. Paul Marabella Vice President & Chief Information Officer K. Hovnanian Companies, LLC USA In this book Artie has brought together a great collection of tools, techniques and advice that provides a sound basis for anyone looking to become a more engaging and effective facilitator. Phil Short IT Director, Speaker, Business Process Practitioner Canada Artie Mahal used his wealth of experience in process management to create an easy to read book and a process to follow for any facilitator and trainer. The book contains valuable tools, templates, checklists, methodology, and a framework. He created a great framework structure for any facilitated session to deal with various business issues such as strategies, processes, projects, and team cooperation and collaboration. Bassam A. Alkharashi Director of Business Innovation Services, ES Consulting Saudi Arabia Artie Mahal has taken a difficult and often misunderstood skill and made it easy to learn for the professional and novice alike. As a skilled facilitator for the past twenty-five years, this book has helped me "sharpen the saw" with new tools and concepts to help tackle any business challenge. For the novice facilitator, this book is an excellent guide as Mr. Mahal provides in-depth background and context for each facilitation concept before diving in with tools, tips, and techniques to master that concept. Jeffrey Diton BPTrends Certified BPM Professional, Business Process Center of Excellence Director USA Knowledge in any form aims to bring transformation. Mr. Mahal has articulated his own experience and training skills in form of this book as an endeavor to share his expertise and bring transformation in many lives. Today, the world is full of challenges and I would say that the challenges are like strangers' appearing on the floor all of sudden. You need to be equipped with all tools and techniques to face such exigencies. For this, either you have to be trained or you must know how to train others to achieve desired goal. This text caters to both requirements. The flow of text is tremendously designed from framework to proposition, process, Leadership, Engaging, Techniques of training and environment. Each part of the book is thoroughly shaped up and presented in real terms. Dr. Sandhir Sharma Dean, Chitkara Business School, Chitkara University India Artie Mahal has kindly given the blueprint on how to "wow" your audience every time they attend a session. The book in essence lays out practical processes facilitators can follow to ensure learning is happening, collaboration is taking place and your learners will be engaged! After reading this book, you will never facilitate a workshop, training session or meeting ever the same again. Faisal Usta Senior Account Executive in Learning and Development, USA Sooner or later you will have to facilitate. You have two options to get or improve facilitation competence: a) the long and painful trial and error way or b) the short and smart way, namely, using other experiences to prevent the errors, learn the shortcuts and avoid the pitfalls. This is a book for novice and even experienced facilitators. Read it. Use it. Learn from it. Take the short and smart way! Alexandre Magno Vazquez Mello BPM Experts, Partner and CEO Brazil People working together provide the foundation of human achievement. As we continue to move toward work that is more intellectual than physical, unlocking, compiling and harmonizing divergent views toward some common understanding is best accomplished through competent facilitation. This is not easy. In this groundbreaking book, Arjit Mahal moves far beyond a description of tools and techniques by providing a framework for the development of a career and, if desired a successful business in the growing area of facilitation. Dr. Edward Peters Chief Executive Officer, OpenConnect Systems Incorporated USA

Hundreds of meetings fill our lives. Many are deadly dull. Some soar. Some exclude. Some embrace diverse perspectives and generate great results. THRIVE: The Facilitator's Guide to Radically Inclusive Meetings is packed with proven methods to engage all voices and make meetings a joy. Whether you are a nonprofit or business leader, manager, consultant, planner or simply someone who wants your meetings to be more productive, THRIVE is for you. You will learn how to: Develop deep listening skills to understand the needs of your group. Be emotionally centered and ready to lead conflicted meetings. Craft effective icebreakers that focus attention. Understand the importance of ground rules that build respect. Use advanced techniques to engage every voice. Transform an organization at all levels with strategic conversations. Become an effective facilitator in all settings. Each chapter covers a dimension of professional facilitation. Filled with practical tips and stories, THRIVE: The Facilitator's Guide to Radically Inclusive Meetings can turn your meetings from dull to dynamic.

Create compelling rhythm-based events for groups of all kinds! Learn the art of drum-circle facilitation from master percussionist, educator and award-winning drum circle facilitator, Kalani. This book contains curriculum-ready activities, resources and ideas and an interactive DVD complete with activities, games, instrument guide and inspirational interviews. Participants will also gain essential life skills: creative thinking, active listening, teamwork, self-direction, and communication.

This approach to remote facilitation makes virtual meetings powerful means of collaboration using proven techniques to accommodate a diversity of cultures, locations, and personalities. Many people struggle with remote meetings: a cocktail of factors, such as technical barriers and invisible group norms, increase the uncertainty and risk of the already vulnerable task of collaborating and sharing ideas. When remote meetings go badly, they go really badly. Few things feel as lonely and intimidating as speaking to a screen with unreadable faces staring back in silence. This book will help you improve the quality of your remote meetings. With a little awareness, some planning, and some practice, you can make your remote meetings an effective, engaging, and powerful mechanism for collaboration within your organization. This book is for anyone seeking to get more value from remote meetings. Whether you're a seasoned facilitator, a new facilitator, or someone hoping to improve team meetings, you will be empowered with principles and actionable methods to enhance your organization's effectiveness.

Management Extra brings all the best management thinking together in one package. These are practical training suitable for Diploma level qualifications in management. They are ideal for delivering management development workshops courses at a range of levels. This Facilitator's Guide fully details the books in the series and how to use them to deliver management courses effectively, efficiently and to meet awarding body criteria.

Provides tools for leading a workshop, study group, or course curriculum. Presented in a modular format, this work enables users to quickly build a comprehensive session or class that focuses on one, some, or all areas of leadership. It also provides sample half-day and full-day workshop agendas along with a workshop evaluation form.

From three design partners at Google Ventures, a unique five-day process--called the sprint--for solving tough problems using design, prototyping, and testing ideas with customers.

"Based on the best-selling The Reflective Educator's Guide to Classroom Research, Second Edition, this guide gives staff developers the tools they need to facilitate book study groups, seminars, and professional development events focused on practitioner inquiry. An effective form of professional development, teacher inquiry has the potential to inform any aspect of classroom practice across subject areas and grade levels. For discussion topics that include differentiated instruction, working with English language learners, Response to Intervention, this facilitator's resource makes it easy to lead participants through a step-by-step process that covers: formulating a research question; collaborating with others; collecting data; analyzing data; writing and presenting classroom research; and assessing the quality of the work."--BOOK JACKET.

Help teachers improve instruction and student achievement with research-based methods for organizing curricular goals, designing lessons, integrating assessment with instruction, developing a culturally sensitive environment, and more.

Management Extra brings all the best management thinking together in one package. These are practical training suitable for Diploma level qualifications in management. They are ideal for delivering management development workshops courses at a range of levels. This Facilitator's Guide fully details the books in the series and how to use them to deliver management courses effectively, efficiently and to meet awarding body criteria.

"The best book on collaboration ever written!" —Diane Flannery, founding CEO, Juma Ventures And now this classic book is even better—much better. Completely revised and updated, the second edition is loaded with new tools and techniques. Two powerful new chapters on agenda design A full section devoted to reaching closure More than twice as many tools for handling difficult dynamics 70 brand-new pages and over 100 pages significantly improved

"In her coaching and programs for women, Tara Mohr saw how women were "playing small" in their lives and careers, were frustrated by it, and wanted to "play bigger." She has devised a proven way for them to achieve their dreams by playing big from the inside out."--Amazon.com.

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Help them make the most out of every meeting. Rambling group discussions, tangential concerns, difficult attendees, and unclear objectives can all derail a facilitated event—and often do. But more than just learning how to avoid the pitfalls, effective facilitators ease the way for groups to achieve desired outcomes, redirect them to constructive paths, and rally commitment to action plans. Expert trainer and facilitator Kimberly Devlin has designed interactive half-day, one-day, and two-day workshops to develop the essential skills of facilitating meetings that inspire, engage, and get results. Complete with all the activities, handouts, assessments, and presentation slides you will need to accelerate learning, these programs make planning your next workshop easy, whether you are new to facilitation or a seasoned pro. About the Series The ATD Workshop Series is written for trainers by trainers, because no one knows workshops as well as the practitioners who have done it all. Each publication weaves in today's technology and accessibility considerations and provides a wealth of new content that can be used to create a training experience like no other.

Also includes the book *The New Art and Science of Teaching* Robert J. Marzano's five decades of education research come to life in this unscripted video workshop. Rather than quick-fix solutions, Marzano provides the foundation teams need to usher in a new era of competency-based student learning. A companion to *The New Art and Science of Teaching*, the DVD details three overarching categories of teaching and features 20 new research-based instructional strategies shown to have the greatest impact on student success in classrooms. This competency-based education video provides K-12 educators with the following tools to improve student learning outcomes: A facilitator's guide, in print and on CD, to better interact with and understand the content Twenty innovative strategies, and guidance for implementing effective teaching methods in classrooms High-quality footage demonstrating the instructional strategies in real classroom settings Guidance for implementing the three overarching categories of teaching New techniques for student engagement in meaningful learning experiences A joint publication of ASCD and Solution Tree Contained in this bundle: One DVD One paperback copy of *The New Art and Science of Teaching* One paperback facilitator's guide One CD (including one PDF of the facilitator's guide)

"Written to complement David A. Sousa's bestseller *How the Brain Learns Mathematics*, this facilitator's guide gives staff developers and workshop leaders all the materials needed to present the latest neuroscientific findings in practical, understandable terms and demonstrate how this information impacts mathematics instruction at all grade levels. You will be able to lead workshops on how the brain develops an understanding of number relationships and processes mathematical concepts, how environmental and developmental factors contribute to difficulties in learning mathematics, and how differentiated mathematics instruction promotes student success." "Staff developers will find the Facilitator's Guide to *How the Brain Learns Mathematics* to be an ideal resource for leading professional training for groups of any size - pairs, small workshops, and large seminars." --BOOK JACKET.

"Has the potential to transform the IEP process."---Kate Scorgie, Ph.D., Azusa Pacific University, California "Nick has utilized the best of psychology and education to help with positive change in the group setting."---Nori Cuellar Mora, Ed.D., former Associate Director of Instructional Services, Education Service Center, Region 2, Corpus Christi, Texas "For anyone whose goal is to have the IEP process result in the optimal education programs for students with disabilities."---Peggy Blanton, former Director of Special Education, Fayette County Public Schools, Kentucky "A clearly written and practical guide to IEP facilitation which is loaded with examples drawn from experience."---Art Stewart, Coordinator of Mediation, Virginia Department of Education; Senior Advisor, CADRE, Trainer and Consultant "The need for a practical guide for facilitators such as this cannot be underestimated."---Barbara C. Trolley, Ph.D., CRC, St. Bonaventure University, New York Positive and productive IEP meetings lay the groundwork for better student outcomes, but when team opinions clash and emotions run high, a meeting can fall apart before the child can benefit. A skilled and unbiased facilitator can make all the difference, and this unique and timely book shows readers step by step how to adopt that role and support the entire IEP process. Designed to make the complex simple, this practical guide is filled with quick-reference tools and examples that model both what to say and what not to say. A must for IEP facilitators and valuable for all team members, this book offers a road map to success as parents and professionals work together toward their common goal: helping children reach their full potential.

With business and organisations moving at an ever-faster pace and facing evermore demanding challenges, the need for efficient, succinct and productive interaction between individuals of those businesses and organisations is more important than ever. With the bounds of communication restrictions abandoned through technological advances (we can now see and hear anyone across any manner of virtual platforms anywhere around the globe) and with a greater understanding of the underlying dynamics of human interaction, unprecedented pressure has been thrust upon the individual or individuals who, often, enable these dynamic interactions: the facilitator. Many of us have, at one time or other, been responsible for a meeting – whether between a small number of individuals or an entire organisation of hundreds, or possibly thousands, of businessmen and women. Or, perhaps, we've had to be the mediator in a family dispute closer to home or managed a discussion between two feuding friends or colleagues. One way or another, chances are, all of us have been a facilitator at some point in our lives. With the ever-growing demands placed on facilitators, this book delivers a methodical and structured approach to facilitation. This book is the definitive guide to instruct and assist facilitators – both new and experienced – with a set of guidelines and underlying theory that will benefit any facilitator, whether as a mediator between two individuals, single-handedly facilitating a group of 100 or working as part of a facilitation team in a multinational corporation. The first part of the book develops the core basic skills of those new to the art of facilitating. There are many examples and exercises to show the reader how to apply them in different situations. The second part of the book is for more experienced facilitators as it focuses on more advanced skills and tackling difficult situations. Specific tools and techniques are illustrated for the reader. Essentially, this book is aimed at developing and mastering the art of facilitation. Facilitation is the art of getting the best out of groups of people to brainstorm, solve problems and gain consensus. Based on 30 years' experience of the author and running multiple facilitation training courses across the globe, this book is aimed at upskilling people, managers and leaders to drive change and consensus with groups through running workshops and meetings.

This collection of duck activities has a strong fun element, however, we do not want it to sound like it is all just fun. There is, in fact, a wealth of solid theory that forms the basis of why we developed this stream of uses for six bricks in business and learning environments. The idea of using playful methods for a range of purposes to generate innovative thinking is not new. For centuries, people have used artifacts like totems and puppets to tell stories and share information, beliefs, and knowledge. We also know that many facilitators and trainers are using tools such as design thinking and agile methodologies where prototyping and games play an important role in the processes of thinking and creating. Whatever your goal, using 3D models is a great facilitation tool. It allows you to lead people through a process where they are able to examine their inside world and relate these lessons to their work environment. These insights then lead to opportunities for further exploration and discovery and ultimately, more productive and effective communication.

All too often, race discourse in the United States devolves into shouting matches, silence, or violence, all of which are mirrored in today's classrooms. This book will help individuals develop the skills needed to facilitate difficult dialogues across race in high school and college classrooms, in teacher professional learning communities, and beyond. The authors codify best practices in race dialogue facilitation by drawing on decades of research and examples from their own practices. They share their mistakes and hard-earned lessons to help readers avoid common pitfalls. Through their concrete lesson plans and hands-on material, both experienced and novice facilitators can immediately use this inclusive and wide-ranging curriculum in a variety of classrooms, work spaces, and organizations with diverse participants. "Race Dialogues: A Facilitator's Guide to Tackling the Elephant in the Classroom is a scholarly, timely, and urgently needed book. While there is other literature on facilitation of intergroup dialogues, none are so deeply and effectively focused on race—the elephant in the room."—From the Foreword by Patricia Gurin, Nancy Cantor Distinguished University Professor and Emeritus Research Director, University of Michigan "This brilliant book is a gold mine of wisdom and resources for teachers, facilitators, and student dialogue leaders. It summarizes, explains, and elaborates upon everything I have ever been taught about what makes for great facilitation. With experience and compassion, the authors have written a clear, user-friendly guide to facilitation of race dialogue for both youth and adults. I will recommend this book to every facilitator and teacher I train or hire."—Ali Michael, director of the Race Institute for K-12 Educators and author of *Raising Race Questions: Whiteness and Inquiry in Education*

The Facilitator Guide contains discussion questions which will enable any group leader to enhance the use of the video series. The questions help viewers focus on the concepts which Roger develops, then goes further to encourage viewers to apply these concepts to their own experiences, thoughts, and feelings. The discussion questions could also be used for individual viewers/learners to develop these concepts on their own, getting the most possible from the videos. Particularly valuable are the many application questions. At present, the Facilitator Guide is an added value of purchasing the entire series. It cannot be purchased separately.

Witnessing Whiteness invites readers to consider what it means to be white, describes and critiques strategies used to avoid race issues, and identifies the detrimental effect of avoiding race on cross-race collaborations. The author illustrates how racial discomfort leads white people toward poor relationships with people of color. Questioning the implications our history has for personal lives and social institutions, the book considers political, economic, socio-cultural, and legal histories that shaped the meanings associated with whiteness. Drawing on dialogue with well-known figures within education, race, and multicultural work, the book offers intimate, personal stories of cross-race friendships that address both how a deep understanding of whiteness supports cross-race collaboration and the long-term nature of the work of excising racism from the deep psyche. Concluding chapters offer practical information on building knowledge, skills, capacities, and communities that support anti-racism practices, a hopeful look at our collective future, and a discussion of how to create a culture of witnesses who support allies for social and racial justice. For book discussion groups and workshop plans, please visit www.witnessingwhiteness.com.

Evaluating Communication for Development presents a comprehensive framework for evaluating communication for development (C4D). This framework combines the latest thinking from a number of fields in new ways. It critiques dominant instrumental, accountability-based approaches to development and evaluation and offers an alternative holistic, participatory, mixed methods approach based on systems and complexity thinking and other key concepts. It maintains a focus on power, gender and other differences and social norms. The authors have designed the framework as a way to focus on achieving sustainable social change and to continually improve and develop C4D initiatives. The benefits and rigour of this approach are supported by examples and case studies from a number of action research and evaluation capacity development projects undertaken by the authors over the past fifteen years. Building on current arguments within the fields of C4D and development, the authors reinforce the case for effective communication being a central and vital component of participatory forms of development, something that needs to be appreciated by decision makers. They also consider ways of increasing the effectiveness of evaluation capacity development from grassroots to management level in the development context, an issue of growing importance to improving the quality, effectiveness and utilisation of monitoring and evaluation studies in this field. The book includes a critical review of the key approaches, methodologies and methods that are considered effective for planning evaluation, assessing the outcomes of C4D, and engaging in continuous learning. This rigorous book is of immense theoretical and practical value to students, scholars, and professionals researching or working in development, communication and media, applied anthropology, and evaluation and program planning.

Life Coaching Discipleship Course Use in Person or Online Many women want to go from where they are to where they want to be. They want to know their purpose and grow in their relationship with God. The Significant Woman small group discipleship course helps them do that in an enjoyable life-coaching environment. The Significant Woman Facilitator Guide helps you easily facilitate this life-changing discipleship course. "I recently led three groups of women through the life-coaching resource *The Significant Woman*. I have never seen this much life change in just 10 weeks time" Cathy O'Neil, Women's Ministry Leader *The Significant Woman* course can be done either in a group (or if needed one-on-one). It can be done in person or on-line. This user-friendly Facilitator Guide includes the Participant Book with notes on how to facilitate each page. In the printed version women will fill the life-coaching tools in the book. In the Kindle version women will put their answers to the life-coaching tools in a document they create or they can write them in a journal or on paper. If you purchase the Facilitator Guide get FREE downloads of a couple of the key life-coaching tools, free facilitator coaching and ask any questions at significance.project@crucy.org. For more information and to order printed books <https://thesignificantwoman.com/>. Check out "the significant woman" on Facebook. *The Significant Woman* course is a resource of Cru/Campus Crusade for Christ. It is in over 25 languages and used in more than 50 countries.

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The facilitator's guide brings to life the content of the survey text, Leadership Theory. It offers instructive advice on how to prepare for the use of a critical perspective as well as providing practical resources to translate survey text content to practice. The facilitator's guide consists of: An overview of how to use the guide as well as recommended skills and reflection questions for educators prior to implementing material. Objectives, critical concepts, a chapter overview, and a chapter framework for each chapter from Leadership Theory Lesson plan "walk-throughs" containing 2-3 activities for each chapter of the survey text, with information for learning outcomes, activity setup, and additional notes for facilitation.

Reframing the Curriculum is a practical, hands-on guide to weaving the concepts of healthy communities, democratic societies, and social justice into academic disciplines. Developed for future and practicing teachers, this volume is perfect for teacher education courses in instructional design, social foundations, and general education, as well as for study in professional learning communities. The author outlines the philosophies, movements, and narratives shaping the future, both in and out of classrooms, and then challenges readers to consider the larger story and respond with curriculum makeovers that engage students in solving problems in their schools, communities, and the larger world. The book's proven method for designing units gives educators across grades and disciplines the tools to bring sustainability and social justice into experiential, project-based instructional approaches. Pedagogical features include: Specific examples and templates that offer readers a framework for reworking their units and courses while meeting required standards and incorporating innovative classroom practices. Activities and discussion questions that bring the content to life and establish ties with the curriculum. eResources, including a Facilitator's Guide, offering examples of fully developed units created with this model and an editable template for redesigning existing units.

The Coping Power Program is designed for use with preadolescent and early adolescent aggressive children and their parents and is often delivered near the time of children's transition to middle school. Aggression is one of the most stable problem behaviors in childhood. If not dealt with effectively, it can lead to negative outcomes in adolescence such as drug and alcohol use, truancy and dropout, delinquency, and violence. This program has proven effective in helping to avoid these types of problems. The child component of the program consists of 34 group sessions held during the child's 5th and 6th grade school years. Throughout the course of the program, children are taught how to recognize their feelings and display them appropriately without resorting to aggressive behaviors. Groups of 4 - 6 children meet on a weekly basis and participate in activities, exercises, and role-plays that reinforce the themes of the program. Topics include the importance of setting and achieving goals, using problem-solving methods to resolve conflicts, and using self-statements, relaxation, and distraction techniques to cope with anger arousal. Children also learn how to resist peer pressure and make new friends in a positive way. Periods of free play time and rewards incentives for completing assignments and following group rules keep children motivated and engaged.

Every little girl has dreams of being swept up into a great adventure, of being the beautiful princess. Sadly, when women grow up, they are often swept up into a life filled merely with duty and demands. Many Christian women are tired and struggling under the weight of the pressure to be a "good servant," a nurturing caregiver, or a capable home manager. What Wild at Heart did for men, Captivating will do for women. By revealing the core desires every woman shares- to be romanced, to play an irreplaceable role in a grand adventure, and to unveil beauty-John and Stasi Eldredge invite women to recover their feminine hearts, created in the image of an intimate and passionate God. Join us as we journey into the deep mysteries of our feminine souls in order to recapture our hearts. Through the help of this Leader's Guide, you will lead your group as you embark together on a great adventure of coming alive as a woman . . . God's captivating woman.

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