

Ultimate Erotic Massage The Complete Sensual Guide To Hands On Bliss | 7ad35a86701e8a654e7ac60389176d66

SexopediaSex PositionsErotic MassageCouples Sex GuideErotic Massage DeckThe Art of Jin ShinTantric MassageThe Ultimate Guide to Sexual Fantasy: How to Turn Your Fantasies Into Reality (Large Print 16pt)The Book of MassageSex Positions for BeginnersCouple's Massage HandbookThe Ultimate Guide to Prostate PleasureErotic MassageThe New Sensual MassageSex Is Fun!Tantric MassageBondassageErotic MassageTantric SexThe Art of Sensual MassageAnne Hooper's Ultimate Sexual TouchErotic Chinese MassageThe Ultimate Guide to KinkThe Sex BibleUltimate Erotic MassageSex Secrets of the Kama Sutra & Other Eastern PleasuresErotic Massage for Couples Who Have Been Together for a Long TimeMassage Secrets for LoversAnne Hooper's Ultimate Sex GuideGreat in BedCuffed, Tied, and SatisfiedConnecting Through TouchErotic MassageTantric MassageWhole Body MassageTantric SexThe Ultimate Guide to Tantric SexPocket EroticUltimate Erotic MassageComplete Massage

Sexopedia *** Buy the Paperback Version of This Book and Get the Kindle Book Version for FREE ***If you want to spice up your sex life and learn a lot of simple yet tantalizing sex positions, then get comfortable and keep reading According to the most recent research in the sexology field Among American couples, over 50% are dissatisfied or highly dissatisfied with their sex life; Around 37% of them feel that their life would be happier if they had more sexual intercourse; Women are 20% more sensitive to their partner's shortcomings; Almost 50% of them faked an orgasm at least once in their life, keeping the male in the dark; 100% OF THEM FEEL THAT THE ROOT CAUSE OF THEIR SEXUAL DISSATISFACTION IS A LACK OF FUN & VARIETY IN THEIR POSITIONS! As you probably know, this can lead to countless problems in couples. Cheating, crises and ultimately divorces are a daily occurrence in modern society. Luckily, there's a simple yet effective solution In Sex Positions for Beginners you're going to discover: Over 50 beginners' sex positions. With detailed pictures and accurate descriptions. Having fun with those positions will be a piece of cake, even if you're an absolute beginner with sex; The easiest way for a woman to get satisfaction. All the positions to let her have an orgasm in fewminutes and without any stress. She will thank you forever and ask for more sex; How to last more, more and more without any pill. Premature ejaculation will just be a distant memory for males. Lasting more, obviously equals more delight for both partners; The ultimate guide to a better sexual life. All the positions you need to know to start and have fun with your partner. Having sex has never been so easy, even if you're 50+; AND MUCH, MUCH MORE. PLEASE CLICK ON THE BOOK COVER AND LOOK INSIDE THE TABLE OF CONTENTS. YOU'LL BE AMAZED! But maybe you're having some more doubts right now I'M 50+. I'M NOT SO STRETCHY ANYMORE. AM I TOO OLD FOR THIS BOOK? No! This book does not suggest any fancy Kama Sutra sex positions that requires years and years of training and experience. All the positions discussed are easy to perform for older couples too. DOES THIS BOOK INCLUDE PICTURES? THERE ARE TONS OF BOOKDS ABOUT SEX POSITIONS OUT THERE, BUT WITHOUT ANY PICTURES. THAT SOUNDS WEIRD Of course! A sex positions book without pictures is a joke and will lead you nowhere. All the positions described in this book have a detailed picture attached to let you perform it in a couple of minutes. IS THIS JUST A THEORETICAL BOOK? I'D LIKE TO HAVE

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FUN IMMEDIATELY. I NEED IT You will be able to start having fun with your partner in just 5 mins. Open the book, choose the position you like, look at the picture, read the description and have fun. No theory allowed here. This is not the average sex positions book. This has been crafted on purpose for beginner couples who want to enjoy the beauty of sex with ease. Having fun with sex has never been so easy. Are you ready to start and change your sex life forever? Scroll up and click the "Buy Now" button!*** Buy the Paperback Version of This Book and Get the Kindle Book Version for FREE ***

Sex Positions A guide to the relaxing and healing skills of massage, the ancient Japanese art of shiatsu and reflexology. With step-by-step instructions, the book guides the reader through the complete working sequence for each skill and provides detailed descriptions of appropriate strokes for each part of the body. The book also explains what the body can tell you and shows how massage can be used to soothe, to invigorate, to relieve aches and tensions and to help in difficult circumstances, from work to leisure, from pregnancy to old age.

Erotic Massage Try This Sex Positions Guide If You Want To Rekindle Your Sex Life! Research says that most couples only use up to four sex positions. Of course, you may be perfectly satisfied with your sex life even if you alternate between two positions. However, for a woman, even a slight change in position can spark totally different sensations - so sticking to the basics makes her miss out on LOTS of pleasure. Admittedly there are hundreds of sex position guides on the market. Why is this particular book so special? It provides literally DOZENS of sex positions that you can try right now. The positions are classified according to the experience level and the type of intercourse. And there are options to spice up your love-making even further by the use of toys and accessories. Besides, this book isn't just about mechanical movements. It touches upon topics such as sexual compatibility and the role of sex in your relationship. Here's what you'll discover in this book: DOZENS of sex positions - ranging from the classics for beginners to some hardcore experimenting for experienced lovers A guide to sex GAMES and role-play for couples Tips for couples who want to UNLEASH their sexual energy with erotic massage The MAGIC factor in bed! The SECRETS of sexual compatibility that no one else will tell you! Even if you think you're fully satisfied with your favorite position well, think again. Physical changes such as pregnancy can make certain positions impossible, painful or potentially harmful, and you'll have to rethink your preferences. Then you'll just open this guide and find something to try! Besides, learning together with your partner will increase your levels of trust and intimacy so sex will become even hotter! Are you ready for the best sex of your life? Get Your Copy NOW To Rekindle Your Sex Life!

Couples Sex Guide The Couple's Massage Handbook takes readers from bumbling beginners to passionate pros in no time! This step-by-step guide covers the best tools, oils, music, and locations for giving a massage, including a sequence readers can use to stay focused.

Erotic Massage Deck Have you noticed that passion in your relationships has subsided over the years, and you wanted to change something? Do you think you know your own and your partner's body well enough? How many erogenous zones do you know? You must read this book about massage for couples, to find out the answers to these questions and to awaken the former desire. Touch is the most intimate sense. Couple massage makes you understand each

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other without words on the most intimate level. Touch can carry passion and love, confidence, and empathy. It promotes relaxation and healing, is central to our erotic experiences. Touching the body of another person, feeling the skin of your loved one with your skin gives you much more pleasure than any other feeling known to man. However, oddly enough, even lovers rarely use this gift of nature to the full. This couples massage book is a kind of textbook in how to bring your body and your partner's body into a comfortable state through massage, so that it flies away, relaxes, recuperates, and experiences an unearthly pleasure. You will not need any massage accessories for couples, no couple's massage ball, couple's massage toys. Only music, couples massage oil or lotion, and incense will give your communication a special feeling. We'll tell you how to give your partner the greatest possible pleasure! This book is the result of more than a decade of practical experience in performing massage and years of teaching experience. Everything you read in this book is based on knowledge of anatomy, physiology, psychology, sexology, and various types of massage. In the book, there will be no useless information, only the most important practical knowledge about couples sensual massage. So if you want to know all of the secrets about excellent couple massage, and bring back your passion and desire. You should buy this book! Your partner will thank you!

The Art of Jin Shin With top-to-toe sensual massage, this title will enable you to discover a whole new world of erotic play. Packed with techniques drawn from Thai, Tantric and Western traditions, it explores a range of sexually charged movements and manipulations, with some surprising additions and variations.

Tantric Massage First published in 1971, *The Art of Sensual Massage* has sold over a million copies worldwide and continues to be used as a standard reference book on massage. To celebrate its 40th anniversary, this updated edition includes 17 never-before-seen full-colour images from the original photo sessions, along with a matching DVD, shot in high-definition. The DVD follows each technique step-by-step, giving readers a comprehensive workshop in the comfort of their own homes.

The Ultimate Guide to Sexual Fantasy: How to Turn Your Fantasies Into Reality (Large Print 16pt) The first definitive guide to P-Spot pleasure will offer men erotic pleasure beyond what they imagined possible. Co-authored by one of the foremost experts on sexual health, Charlie Glickman, men who may not feel confident exploring anal play will be empowered to claim the prostate as an erogenous zone ripe for exploration. And men who already enjoy prostate play will find much to learn from this friendly, accessible how-to guide. The P-Spot covers tips and techniques for prostate play, as well as outlining important safety information and how to maintain prostate health.

The Book of Massage An expert on human sexuality and best-selling author of *Ultimate Sex* offers a detailed guide to the art of erotic stimulation, featuring step-by-step illustrations and inspirational tips on how to enrich one's sexual life through the sensual power of touch. Original.

Sex Positions for Beginners Discover Secrets Massage Techniques such as the Yoni & Lingam in this Amazing Book !! Learn the Ancient Art that will Spice Up your Bedroom - 10 Amazing Tantric Tips and Tricks Included. In this book, you will learn how the practice of the intimate massage has helped many

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couples achieve greater sexual satisfaction and intimacy. Learning the techniques taught in this book will help you develop closer, more meaningful, and highly rewarding relationships. With the consistent application of these principles, you'll find that your commitment and love will only grow deeper. When you give your lover a sensual and intimate massage, you are not expecting anything in return but you are completely engrossed in giving him or her pleasure. While it helps your lover relax and enjoy the massage, it offers you the freedom and convenience to open not only your eyes, but your mind and body as well to a whole new way of experiencing intimacy. The intimate massage is not a novelty but an ancient ritualistic practice common in Eastern traditions. In fact, in many cultures, it is a natural expression of love. As we became more materialistic and our lives got busier, nobody had the time or inclination to make love the way it should be done. After all, love is never about you as a person, is it? It is about the experience. Give your lover an intimate massage and bring back the connection that you naturally have on a physical, sensual, spiritual and universal level. Here is a preview of what you will learn . The ancient and somewhat mysterious origins of some of the most successful massage techniques . How to increase the levels of intimacy with your partner using lighting, sounds and scents How different breathing techniques will enhance your pleasure and that of your partner . The benefits and methods to incorporate tantra to the massage . Learn the amazing Yoni and Lingam techniques that will drive your partner crazy! Purchase your copy today!

Couple's Massage Handbook Touch, tease, stimulate and explore every inch of your lover! This sensational guide teaches you tantalizing touch techniques guaranteed to make your partner moan with pleasure, from a toe-tingling foot massage to an erotic wake-up call. Turn up the heat, by delving deeply and discovering hot spots your lover didn't even know existed. Fire up foreplay to new heights of pleasure, from using your tongue as the ultimate massage tool to creating an erotic toy-box guaranteed to banish bedtime boredom forever. Experiment with new sexual positions and see how to enhance them with a simple caress. More than 60 inspiring illustrative photographs display these tried-and-tested techniques—which are guaranteed to bring excitement, greater sexual fulfilment, and a new intimacy to lovemaking.

The Ultimate Guide to Prostate Pleasure Everyone wants to have great sex. Now everyone can! Written by Dr. Debby Herbenick and Grant Stoddard, two of the world's most highly esteemed sex experts, Great in Bed is a guide to fantastic sex that takes a "he said/she said" point of view, so couples can learn how to properly communicate their desires with their partner. Perfect for a couple just getting together, or one who's been together for years, Great in Bed teaches sexual confidence, positive self-image, and multiple skills so readers can learn how to bring their bedroom escapades to the next level.

Erotic Massage Over two million people discovered the joy of easy relaxation and sensuality in Gordon Inkeles groundbreaking books The Art Of Sensual Massage and The New Massage. 20 years later he has selected his all-time favourite massage techniques to provide a sensual feast of the strokes that everyone loves. Written in a reassuring and intimate tone, lavishly illustrated and beautifully designed, The New Sensual Massage ensures readers can start massaging in a single evening.

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The New Sensual Massage Starting with a simple setting that can easily be accomplished with few special preparations, readers will learn, step-by-step, how to make a deep and meaningful connect with their partner's body. Using a combination of strokes from the most time-honored massage traditions, they will learn to be mindful of where their partner holds stress and tension. As the massage continues, readers will enter into a profound nonverbal dialogue with their partner, learning much from the simple act of contact with another body. All of the techniques are illustrated with black-and-white photographs. Elegant and refined, this book is a perfect gift for a special someone or a friend in love.

Sex Is Fun! Tantra is a vital path toward full interior development through sex, love, and meditation. Its origin dates back to ancestral India, and from there has enlightened many generations of lovers who have penetrated the secret that leads to ultimate happiness. The practice of Tantra heightens the energy and creativity levels, in addition to reinforcing the partners' connection. It is an integral method that permits the growth of the participants in all aspects of their personality: sexuality, intuition, spirituality, and more. Through the words of Guillermo Ferrara, whose teachings on Tantra are known worldwide, the step-by-step exercises and photographs come to life. The Ultimate Guide to Tantric Sex contains, amongst other themes:

- Introduction to Tantra and the energies of love
- Seduction and sensuality
- Yoga for lovers
- Sensitive touch and sensual massages
- Secret erotic points
- Sexual magic, rituals, symbols, and dances
- Advanced sexual poses
- Tantric exercises for couples
- How to achieve a multiple orgasm
- Prolonging pleasure
- Eighteen lessons of tantric sex

Tantric Massage Embark on a Tantric journey toward ultimate sexual pleasure . . . Revolutionize your sex life with Tantric secrets that will bring you to the farthest reaches of physical and spiritual fulfilment. Connect with your partner, tap into your body's innate energy, revel in orgasms that are a total body experience and discover new ways to enjoy amazing physical pleasure through touch, scent and harmonious breathing. Tantric expert Kavida Rei shows how to explore, experience, and experiment with the sheer, unadulterated pleasure of Tantra. Providing a holistic approach that teaches whole-body harmony, learn how simple meditations and exercises can take you into the realms of heaven-on-earth sex; lovemaking on another dimension and intimacy that you never knew could be so fulfilling.

Bondassage "The next evolution in erotic massage, this book will teach you how to take your need for sensation to a whole new level!"-Jaiya, creator of Red Hot Touch video series and co-author of Red Hot Touch: A Head-to-Toe Handbook for Mind-Blowing Orgasms "Bondassage is the absolute best massage book in the whole world! Gifted pleasure artists and world-class sex educators, Jaeleen Bennis and Eve Minax, generously share the secrets and skills they've gathered from decades of hands-on experience. Follow their simple, clear, concise instructions and you are guaranteed to manifest full body bliss and profoundly deep satisfaction-sexually and beyond."-Annie Sprinkle, Ph.D., author of Spectacular Sex-Make Over Your Love Life Learn how to give your lover a sensual, euphoric--and slightly kinky--massage that will open the door to new realms of pleasure, intimacy and connection for you both. Whether you're looking to learn simple things to do with your hands (pinch, caress, spank!), or are ready to explore light bondage and the delights of submission (including an introduction to basic sex toys and how to use them), this book will show you how to get kinky while deepening that

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loving connection to your partner. Bondassage is a massage practice created by Jaeleen Bennis, who trains and licenses professional masseuses and bodyworkers in this exceptional set of techniques. Now you can learn the secrets of Bondassage to use in the privacy of your own home. Bondassage is perfect for couples looking to heat things up as well as singles looking to improve their sexual confidence.

Erotic Massage Sensual massage techniques for enhancing sexual pleasure, in e-book format Explore the full sensual potential of massage with this practical and inspirational companion to enjoying the most erotic, intense and passionate lovemaking experiences. Master over 100 erotic massage techniques to heighten arousal, enhance sex and deepen orgasm. Discover how to pleasure every part of the body, with step-by-step ways to tease and please, from the neck to you and your partner's most intimate parts. Create the ultimate massage experience through fantasy, role-play, toys and erotic love games. With tips on oral and manual strokes and complete guidance on how to perform a full body massage, you'll learn to add a powerful new dimension to your sex life.

Tantric Sex Take the guesswork out of improving your love life, enhance your bedroom skill and take your sex life to the next level with Tantra! Do you sometimes feel that there is no more intimacy between you and your partner? Are you looking for a comprehensive guide that will help you and your partner achieve intense orgasms and forge intimacy between you two? If yes, then Tantra might be the answer you're looking for. In this guide, you're going to discover how to unleash the power of Tantra to enhance intimacy, deepen your connection with your romantic partner and create an intense experience you and your lover will cherish for the rest of your lives. Here's a preview of the things you're going to discover in **Tantric Sex** How Tantric orgasm is different, and much better than a regular orgasm Reasons why you should get started with Tantric sex as soon as you can 9 essential Tantric communication essentials that will help you deepen the bond with your romantic partner 5 surefire tips to help you enhance your love life and have better sex using Tantra Step-by-step instruction to Tantric touch and massage How to get rid of premature ejaculation and lengthen the pleasure for both you and your lover Over 20 of the most intensely sexy and erotic Tantric sex positions that will maximize pleasure The core principles of Tantric sex It doesn't matter whether you're new to Tantra or you have some experience with Tantra sex, you're going to find new insights and techniques that will help you become a better lover very quickly! Scroll up to the top of the page and click the "Add to Cart" button to get started today!

The Art of Sensual Massage Presents a guide to expanding sexual boundaries into the world of BDSM through sensory play, role playing, and the use of toys to help partners make their deepest, darkest desires a reality.

Anne Hooper's Ultimate Sexual Touch The Sex Bible is an authoritative, comprehensive, and beautifully photographed sex resource book that provides in-depth treatment of sexual topics in frank detail. The book is arranged into different sections, for example, "Foreplay", "Sex Toys", "Oral Sex". It explores sexual subjects you are either familiar with, or until now, never even knew existed. Couples will be captivated by personal anecdotes interspersed throughout. Illustrated with full-color photography, **The Sex Bible** will not only educate its readers, but help heighten sexual enjoyment.

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Erotic Chinese Massage Sex Secrets of the Kama Sutra & Other Eastern Pleasures is an inspirational guide to the best sex positions and techniques from Arabia, India, China, and Japan. Classic erotic manuscripts and traditions from each country provide the source of eye-opening secrets that will take couples on a sexual adventure and push erotic pleasure to dizzying heights.

The Ultimate Guide to Kink Want to really understand the health and wellness benefits of massage? Interested in practicing massage at home or considering taking a course? Let this be your guide on everything from effleurance to epineuria. Annotated anatomy and physiology illustrations show you how different levels of pressure work the muscles, and the profound effect massage can have on the nervous system and on cardio and lymphatic health. Learn how to prepare physically and mentally, and get the lowdown on oils and massage beds, diffusers and candles. And if you're receiving a massage, find out why drinking water before and after is important and how focusing on breathing enhances muscle relaxation. All the core strokes and massage techniques that form the foundation of massage practice are shown photographically with detailed annotations and integrated arrows showing the direction and application of pressure. Familiarize yourself with the key disciplines, from Swedish to shiatsu, reflexology and hot stone therapy. Access over 30 bespoke massage sequences, tailored to treat specific complaints and special client groups, such as pregnant women, babies, and those recovering from surgery. Become an expert in the simple but profoundly effective power of touch and share its miraculous health benefits.

The Sex Bible Marrying ancient Eastern wisdom with modern know-how, this easy-to-use and delightfully sexy deck is the ultimate bedsidecompanion for adventurous lovers. Ideal for the novice or the expert, these 50 sensual techniques can be explored one at a time or combined for an evening of intimate passion.

Ultimate Erotic Massage Put the spice back into your sex life with this erotic encyclopedia from bestselling sex writer Anne Hooper. Packed with inventive ideas, tried-and-tested techniques and expert advice, this is the perfect bedside companion.

Sex Secrets of the Kama Sutra & Other Eastern Pleasures The host of the wildly popular "Sex Is Fun" podcast brings unique approaches to the topic of lovemaking. This fully illustrated, interactive, and completely original sex manual combines the innovative look of a graphic novel with nonfiction advice and activities.

Erotic Massage for Couples Who Have Been Together for a Long Time The **Ultimate Guide to Kink** is the first major guide to BDSM in a generation—a bold and sexy collection of essays that run the gamut from expert how-to tutorials to provocative essays that delve into complex questions about desire, power, and pleasure. The book brings together diverse voices from the kink community in an unprecedented way: each chapter is written by a different sexuality/BDSM educator. Divided into two sections, the first section features thorough, thoughtful pieces—on everything from flogging to bondage—packed with techniques and beautifully illustrated with original images from artist Katie Diamond. The second section is dedicated to role-playing fantasies and personal manifestos. From age play to masochism, these chapters cover some of the edgiest, most taboo and controversial elements of

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kink in depth. The Ultimate Guide to Kink features the expertise of renowned educators writing passionately on their favorite subjects, including Patrick Califia, Midori, Laura Antoniou, Barbara Carrellas, Lee Harrington, Jack Rinella, Lolita Wolf, Madison Young, Hardy Haberman, Felice Shays, Ignacio Rivera, Sarah Sloane, Mollena Williams, FifthAngel, and Edge. It will educate, inspire, and challenge both newcomers to the world of kink and experienced BDSM players.

Massage Secrets for Lovers Connect with your spiritual side through tantric massage Your body is a temple and it is time to worship through the sensual massage of tantra technique. Increase your understanding of the pleasure centers of the male and female body through tantric massage and become a master of pleasure. Do you want to feel things you haven't before? Connect with your body? Get in tune with your partner? All of this can be achieved through tantra massage. Buy this tantric massage guide to: Find you and your partner's erogenous zones through sensual massage Ease your stress and worry less in the bedroom with tantra techniques View 10 sensual massage technique illustrations View 5 tantra positions to use with your partner Connect with your spiritual body through tantric massage Explore new boundaries and sensations with tantra massage Bond more closely, openly and honestly with your partner Ready to dive in and explore your body for ultimate spiritual pleasure? Buy this tantra massage guide to get spiritual in the bedroom tonight!

Anne Hooper's Ultimate Sex Guide Learn sensual touch for improved intimacy and better sex! New in paperback, Erotic Massage shows how to bring your partner to high levels of arousal, keeping him or her in this state of sexual exaltation for an extended period. This beautifully illustrated book provides erotic massage techniques for both men and women and breaks down these massage methods step-by-step. You'll find suggestions for the appropriate setting, lubrication, good communication, and conscious breathing. More than 60 sensual, how-to photographs and illustrations are featured throughout, as well as testimonials on how erotic massage has improved many couples' intimacy and sex lives.

Great in Bed Sensual massage techniques for enhancing sexual pleasure, in e-book format Explore the full sensual potential of massage with this practical and inspirational companion to enjoying the most erotic, intense and passionate lovemaking experiences. Master over 100 erotic massage techniques to heighten arousal, enhance sex and deepen orgasm. Discover how to pleasure every part of the body, with step-by-step ways to tease and please, from the neck to you and your partner's most intimate parts. Create the ultimate massage experience through fantasy, role-play, toys and erotic love games. With tips on oral and manual strokes and complete guidance on how to perform a full body massage, you'll learn to add a powerful new dimension to your sex life.

Cuffed, Tied, and Satisfied Enter a world combining sexual and spiritual dimensions, that adapts from the ancient East to use today in the West. Presents specific, practical massage techniques for the whole body. Tantric Massage is written for those with more esoteric and meditative interests. B & W line drawings and color paintings enrich this erotic, intimate guide.

Connecting Through Touch Touch is our most fundamental sense and the one that has the most profound influence on our well-being. Touch is the most

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likely of our senses to be neglected, especially in Anglo-Saxon culture such as in the UK, the USA, and Australia. In these cultures, sensuality is usually equated with sexuality, so touch is frequently taboo in all but the most intimate of situations.

Erotic Massage This book helps to strengthen bonds of affection and to discover the secrets of the sexual massage of the ancient Chinese Taoists. You will discover and better get to know the most erotic places on your partner's body, their erogenous zones, and the tricks that awaken their desire and predispose them to pleasure. Chinese erotic massage reunites traditional knowledge of a millennial culture and puts within your reach all the techniques to enjoy a better sex life. You will learn: • To discover with your fingers the most sensitive parts of the body through the techniques of acupressure that favor the flow of internal energy • The most appropriate massage for every occasion to obtain the best results • How to apply the appropriate amount of pressure during a massage • And so much more! Learn to let the energy flow through the interior of your body, quiet your mind, and feed the spirit through the caresses. Communicate with your partner and understand your desires without necessarily expressing them out loud; little by little, your sexual life will open itself to a new world full of possibilities!

Tantric Massage Demonstrates ways to build a satisfying and passionate sex life using various positions and techniques, and discusses the importance of an emotional bond between partners.

Whole Body Massage Lavishly illustrated with full-color photographs and illustrations—**Massage Secrets for Lovers** is the ultimate guide to intimate arousal for couples. Embracing the spiritual as well as the physical dimensions of sexuality, best-selling author and health expert Dr. Andrew Stanway enables couples to discover new depths of intimacy and realize new heights of pleasure in their relationships through erotic massage. Finding fresh lessons in the ancient wisdom of the East, Dr. Stanway first helps couples find a common ground of understanding and expectation so that their exploration of each other's bodies is also a communication on levels of the mind and spirit. For erotic massage elicits responses from more than five senses, and it releases feelings commonly bound by inhibitions, anxieties, and guilt. So it is that "Getting Ready"—the first part of Dr. Stanway's guide—prepares couples for their journey into total intimacy, whereas part 2, "Enhancing Your Sexual Skills," provides the means for transport with a variety of exercises and techniques in self-pleasuring to enhance sexual energy and increase sexual awareness. Part 3, "Giving and Receiving Pleasure," takes you there. With four-color photographs, informative diagrams, and practical prose, Stanway presents couples with a comprehensive step-by-step guide to massaging every erogenous zone of a partner's body and effectually heightening arousal and delight; for in erotic massage the only boundary is the imagination.

Tantric Sex A complete top-to-toe practical guide to massage, aromatherapy and reflexology for every part of the body. All you need to know about massage and related therapies - instant quick-fixes, in-depth treatments, luxurious pampering sessions and sensual routines for two.

The Ultimate Guide to Tantric Sex Introduces the principles of tantric massage, and uses drawings to show how to use massage to improve intimacy

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Pocket Erotic Balance your body, mind, and spirit and heal yourself with your own hands using this clear, step-by-step illustrated guide to the practice of the ancient Japanese healing art of Jin Shin—written by a trained expert with nearly three decades of experience. You might be surprised to learn that the majority of today's most common ailments including anxiety, backaches, colds and flu, digestive issues, immune disorders, migraines, and insomnia, can be alleviated naturally by restoring and harmonizing blocked, stagnant energy. The art of Jin Shin, based on the Japanese healing art of energy medicine, is practiced throughout the world. While related to acupuncture and massage therapy, this holistic practice uses only minimal pressure and gentle touching with the fingers and hands to redirect or unblock the flow of energy along the body's fifty-two points (twenty-six on each side of the body)—called Safety Energy Locations, or SELs—areas where energy tends to get congested. This simple, non-invasive process allows your body's energy to flow smoothly, and with balance restored, you will experience a sense of wellbeing and calm. The Art of Jin Shin explains all the basics of this healing art and provides you with the knowledge you need to practice it on yourself—with exercises ranging from simply holding a finger for a few minutes to spending twenty minutes to harmonize a specific circulation pattern. Whether you desire a deeper understanding of the body/mind/spirit connection or want to create a daily Jin Shin maintenance routine the power is literally at your fingertips.

Ultimate Erotic Massage The Ultimate Guide to Sexual Fantasy is a complete guide for readers who want to use sexual fantasies to change old habits, learn new tricks, and make their sex lives more imaginative. With wit and enthusiasm, sex educator Violet Blue encourages couples to talk about and explore fantasies together to deepen erotic intimacy. She takes readers on a tour of the wide world of sexual fantasies, offering expert advice for talking dirty to a partner, playing with toys and dress-up, making homemade porn, and exploring fetishes, sex scenes, phone sex, and much more. Packed with tons of games, resources, and lots of fun, The Ultimate Guide to Sexual Fantasy is the perfect book for daring readers who want to safely turn their sexual fantasies into reality.

Complete Massage Tantric Massage For Beginners! (Updated March 2016!) The Ultimate Beginners Crash Course To The Art Of Tantric Massage! Are You Ready To Learn All About Tantra? If So You've Come To The Right Place - Regardless Of How Little Experience You May Have! Here's A Preview Of What This Amazing Book Contains An Introduction To What Tantra Is All About The Promises Of Tantra Tantric Breathing Techniques Setting the Tantric Mood Additional Tantric Preparation Tips Balancing of the Chakras Performing the Tantric Massage The Lingam Massage The Yoni Massage Tantric Positions For The Bedroom And Much, Much More! Order Your Copy Now And Let's Get Started Today!

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